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provides an overview of drug use and addiction including what happens in the brain during drug use why some people become addicted while others don t and the importance of prevention

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drug addiction also called substance use disorder is a disease that affects a person s brain and behavior and leads to an inability to control the use of a legal or illegal drug or medicine substances such as alcohol marijuana and nicotine also are considered drugs

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introduction this research topic in addictive disorders and behavioral dyscontrol a section of the journal frontiers in psychiatry focuses on motivational mechanisms underlying substance use abuse and dependence

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in contrast to flexible goal directed behaviors which are performed because they are expected to produce some desirable outcomes habitual behaviors are characterized by rigid inflexible and retrospective actions triggered by associated stimuli and performed in spite of their immediate consequence balleine and dickinson 1998 dickinson et

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causes of addiction psychology today reviewed by psychology today staff there are many theories about the causes of addiction the use and abuse of legal and illegal psychoactive

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a habit is a routine behavior that becomes automatic over time while an addiction is a compulsive behavior that is difficult to control although habits and addictions share some similarities there are a few key differences to understand habit and addiction 1 loss of control

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a preoccupation with drug use behaviors temporary relief after drug use a loss of control experiencing damaging consequences while some people are able to partake in recreational drug use without these effects when these five marks of addiction start to manifest a drug habit can t be considered casual anymore

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the difference between a habit and an addiction is that addiction is unhealthy while habits can be good for us

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it is a compulsive dependency on a behavior or substance which results in some form of negative outcome over a period of time addictions are things or actions that cause some amount of harm which people want to stop doing but still can t stop

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the front page of drugabusestatistics.org features the most noteworthy drug abuse data including overdose deaths demographics mental health drug abuse treatment programs and the cost of the war on drugs key findings 50 0 half of people 12 and older have used illicit drugs at least once 700k

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