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at its core soul searching is a desire to return to the center of your being quite literally it is a journey to find your soul and reconnect with your true nature in other words it is a spiritual path and usually it marks the beginning of the spiritual awakening journey soul searching is the process of figuring out your purpose your motivations and what may need to change in your life in order to live in greater alignment with your true self it often occurs as a result of feeling out of touch with yourself or like something is missing finding your soul's purpose could be viewed as an investigative journey or a scavenger hunt if you're a spiritual seeker then you're already on this path it's important to be self-aware quite literally it is a journey to find your soul or true nature it is a spiritual path and usually it marks the beginning of the spiritual awakening journey why soul loss is the root cause of soul searching why do some of us have such an intense visceral desire to soul search to find what is meaningful true authentic and deep here are 12 tips to nourish your soul and find deeper meaning in your life 1 examine your immediate situation in order to get to the heart of your life and have a more connected experience with yourself you need to view your life through a different lens than the one that you are currently using to recognize your soul purpose you may be aware of your unique crystal of consciousness your crystal of consciousness has unique abilities and qualities such as qualities of love radiance compassion clarity understanding and above all the experiences you share with all other beings finding and following your soul purpose from fear to freedom download guide have you been wondering about your soul's purpose what were you put on this big wide world to do what is your true calling how do you ignite your passion and find that beautiful inner light what were you designed for 1 believe that your tribe is already waiting for you have faith in your ability to attract a tribe by giving yourself up to sacred service in the world let go of any limiting belief that says i'm not good enough follow your visionary heart and trust the divine to support your mission march 25 2022 by gabi robledo purpose what is a soul's purpose your soul purpose is a fulfilling and self-liberating version of purpose when you live your soul's purpose you're aligned with your soul calling you know you are to fulfill a mission of becoming the truest expression of your divine self we all want to live a life purpose updated 2021 12 02 wondering what is your divine soul purpose asking what is my divine purpose you have one and in this post we discuss how to find out your soul purpose your soul purpose is the reason you are here on this earth fulfilling it is part of your sacred contract also called a soul contract 1 read into your joyful moments everything in this universe serves a divine purpose a soul's purpose is one's ultimate life purpose it's that thing that must be fulfilled so a soul can how to find your soul purpose finding your soul purpose can help provide a sense of direction and purpose to your life in other words your soul purpose can be likened to a map that leads you to your destiny 3 steps to find your soul's purpose 1 know your story step 1 to discover your soul purpose know your story to know where you are and where you're going you have to know where you've been you'd think this would be the default how else would we get here what am i doing with my life what am i here for it is an existential angst common to so many of us this is the perfect time to do some soul searching it is the time to reflect on your meaning and purpose in life on your values and really look objectively at your life as it currently is find your soul's purpose discover who you are remember why you are here live a life you love kindle edition by janet conner author format kindle edition 4 4 70 ratings see all formats and editions kindle 11 01 read with our free app paperback 11 59 36 used from 4 48 27 new from 8 99 posted april 25 2022 reviewed by davia sills key points the myth that there is one soul mate for each person can lead to unrealistic expectations there are

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