

Ebook free Diversity equality and achievement in education (PDF)

The Social Life of Achievement Achievement International Guide to Student Achievement Achievement Motivation and Achievement in Mathematics Motivation and Achievement Advancing Equity and Achievement in America's Diverse Schools Children's Health and Achievement in School Advances in Motivation and Achievement Age and Achievement Equality And Achievement In Education Achievement and Inclusion in Schools How to Create a Culture of Achievement in Your School and Classroom Diversity, Equality and Achievement in Education Boys, Girls and Achievement Achievement and Achievement Motives Achievement Relocked EBOOK: Raising Achievement in Secondary Mathematics Achievement Addiction Achievement in American Society You Can Do It Mental Toughness and Sports Achievement in Hockey Maximum Achievement Achievement Teams Raising Reading Achievement in Middle and High Schools Success The Psychology of Achievement The Power of Story Strengthening School Counselor Advocacy and Practice for Important Populations and Difficult Topics The Causes of High and Low Reading Achievement Age and Achievement Scientific Attitude, Scientific Aptitude And Achievement Grading Student Achievement in Higher Education Achievement and Motivation The Importance of Average Building On Achievement in Secondary School: Attitudes, Personality and School Success Lifestorming Key Words for High Achievement Paper, Ink, and Achievement Achievement and Inclusion in Schools Performing Under Pressure

The Social Life of Achievement

2013-11-30

what happens when people achieve why do reactions to achievement vary so profoundly and how might an anthropological study of achievement and its consequences allow us to develop a more nuanced model of the motivated agency that operates in the social world these questions lie at the heart of this volume drawing on research from southeast asia europe the united states and latin america this collection develops an innovative framework for explaining achievement's multiple effects one which brings together cutting edge theoretical insights into politics psychology ethics materiality aurality embodiment affect and narrative in doing so the volume advances a new agenda for the study of achievement within anthropology emphasizing the significance of achievement as a moment of cultural invention and the complexity of the achiever as a subject position

Achievement

2015

gwen bradford presents a systematic account of what achievements are and why they are worth the effort she argues that more things count as achievements than we might have thought and offers a new perfectionist theory of value in which difficulty perhaps surprisingly plays a central part in characterizing achievements

International Guide to Student Achievement

2013-01-17

the international guide to student achievement brings together and critically examines the major influences shaping student achievement today there are many often competing claims about how to enhance student achievement raising the questions of what works and what works best world renowned bestselling authors john hattie and eric m anderman have invited an international group of scholars to write brief empirically supported articles that examine predictors of academic achievement across a variety of topics and domains rather than telling people what to do in their schools and classrooms this guide simply provides the first ever compendium of research that summarizes what is known about the major influences shaping students academic achievement around the world readers can apply this knowledge base to their own school and classroom settings the 150 entries serve as intellectual building blocks to creatively mix into new or existing educational arrangements and aim for quick easy reference chapter authors follow a common format that allows readers to more seamlessly compare and contrast information across entries guiding readers to apply this knowledge to their own classrooms their curriculums and teaching strategies and their teacher training programs

Achievement Motivation and Achievement in Mathematics

2010

achievement motivation stands for the accomplishment of excellence and the achievement in mathematics stands for the performance of students in mathematics as per the assumptions and research studies one influences the other a study hence has been undertaken to identify the level of achievement motivation and achievement in mathematics possessed by the sc and obc students studying in andhra pradesh social welfare residential schools and to study the association between achievement motivation and achievement in mathematics the students were possessing an average level of achievement motivation and achievement in mathematics and there was no association between achievement motivation and achievement in mathematics this study will help many teachers and administrators in planning better curricular and co curricular programmes

Motivation and Achievement

1974

for undergraduate and graduate students in psychology education business administration and others

Advancing Equity and Achievement in America's Diverse Schools

2013-09-05

advancing equity and achievement in america s diverse schools illustrates how educators students families and community partners can work in strategic ways to build on social cultural and ethnic diversity to advance educational equity and achievement by drawing on the latest data on demographic change constructions of culture and cultural difference and the politics of school reform in urban rural and suburban school communities this volume looks toward solutions and strategies for meaningful educational improvement contributors consider both the diversity of youth and families served in public schools and the culture of u s schooling highlighting the influence of policy and reform agendas students identities and agency experiences and approaches of diverse educators and the workings of effective school partnerships chapters also focus on those often overlooked in educational scholarship such as native americans students experiencing poverty and or homelessness muslim students students with special needs and students and educators who are lesbian gay bisexual transgender intersex or queer in all this edited collection stresses the need for high quality education that is inclusive culturally responsive and unifying so all students can experience academic success this

book is a meaningful resource for educators policymakers and community based leaders interested in doing such transformative work

Children's Health and Achievement in School

1994-01-01

the commonly held view is that extremely poor health hurts educational achievement this study examined the possibility of biases in standard estimation of effects and illustrated empirically based on ghanaian living standard of measurement study data that there was not a significant effect of child health on child cognitive achievement consideration was given to the endogenous determination of child health child health was determined by anthropometry cognitive achievement test scores and preschool ability measured schooling success and child endowments respectively household and community characteristics and sibling data were used to measure family and community fixed effects the conclusion based on ordinary least squares ols estimation and instrumental variable level estimates was that child health did not impact on child cognitive achievement the differences between the instrumental variable estimates and the within family and within community estimates suggested bias four basic conclusions were drawn 1 considerable bias occurred in prior studies because there was a failure to account for estimation problems 2 inclusion of instrumental variables assumed to be independent of the disturbance term in the cognitive achievement production function and without controls for simultaneity suggested a downward bias 3 the bias was upward when estimates with sibling data were accounted for unobserved family and community effects can cause upward biases 4 coefficients which are supposed to represent the impact of child health on schooling may not do so in the discussion of model specification it was pointed out that upward bias can occur with heterogeneity in preferences regarding child quality in unobserved predetermined family endowments that affect production of child quality and in unobserved predetermined community endowments that affect child quality production the unobserved predetermined child characteristics affect both child health and cognitive achievement in the same direction there can be unobserved heterogeneity in access to capital markets the 2 stage least squares procedure was found to overstate the impact of child health and cause greater distortions than ols estimates

Advances in Motivation and Achievement

1995-12-08

part of a series that reflects research and theory concerned with motivation and achievement in work school and play this title focuses on a particular issue or theme

Age and Achievement

2017-03-14

certain assumptions about man's creativity in relation to his chronological age have become so widely accepted as fact that the findings of this book will surprise both general reader and specialist and may have far reaching effects on established patterns of thought in psychology and in education the book is a statistical evaluation of achievement in relation to age assembling an incredible amount of factual information on the acres of superlative achievement in every field from prize fighting to philosophy originally published in 1953 the princeton legacy library uses the latest print on demand technology to again make available previously out of print books from the distinguished backlist of princeton university press these editions preserve the original texts of these important books while presenting them in durable paperback and hardcover editions the goal of the princeton legacy library is to vastly increase access to the rich scholarly heritage found in the thousands of books published by princeton university press since its founding in 1905

Equality And Achievement In Education

2019-08-27

this book presents a major report that has evoked extensive controversy and initiated extensive policy debate on equality and achievement in education it examines the concept of equality of educational opportunity and the relations between equality and achievement and between families and schools

Achievement and Inclusion in Schools

2016-07-22

thoroughly updated to reflect the challenges of diversity in today's schools this new edition of achievement and inclusion in schools shows how high levels of inclusion can be entirely compatible with high levels of achievement and that combining the two is not only possible but also essential if all students are to have the opportunity to participate fully in education each chapter has been fully revised to reflect an understanding of inclusion as being concerned with the learning and participation of everyone in a changing education policy context based on new case study research this edition sets out to answer the following questions are there strategies which can raise the achievement of all students while safeguarding the inclusion of others who are more vulnerable how can schools ensure high levels of inclusion as well as high levels of achievement for everyone how might research into these matters be carried out with new case studies in this second edition that reflect the devolution of education policy in the four countries of the uk this book addresses concerns about how schools can respond to differences between learners without marginalising some of them it offers guidance to practitioners as well as those undertaking research on this important topic

How to Create a Culture of Achievement in Your School and Classroom

2012-04-26

what does it feel like to walk into your school is it a welcoming place where everyone feels valued most school improvement efforts focus on academic goals instructional models curriculum and assessments but sometimes what can make or break your learning community are the intangibles the relationships identity and connections that make up its culture authors fisher frey and pumpian believe that no school improvement effort will be effective unless school culture is addressed they identify five pillars that are critical to building a culture of achievement

- 1 welcome imagine if all staff members in your school considered it their job to make every student parent and visitor feel noticed welcomed and valued
- 2 do no harm your school rules should be tools for teaching students to become the moral and ethical citizens you expect them to be
- 3 choice words when the language students hear helps them tell a story about themselves that is one of possibility and potential students perform in ways that are consistent with that belief
- 4 it's never too late to learn can you push students to go beyond the minimum needed to get by to discover what they are capable of achieving
- 5 best school in the universe is your school the best place to teach and learn the best place to work drawing on their years of experience in the classroom the authors explain how these pillars support good teaching and learning in addition they provide 19 action research tools that will help you create a culture of achievement so that your school or classroom is the best it can be after reading this book you'll see why culture makes the difference between a school that enables success for all students and a school that merely houses those students during the school day

Diversity, Equality and Achievement in Education

2011-02-09

most classrooms contain children from a variety of backgrounds where home culture religious beliefs and the family's economic situation all impact on achievement this needs to be recognised by teachers in order to establish fair respectful trusting and constructive relationships with children and their families which will allow every child to reach their full potential this book looks at real issues that affect teachers in the classroom and examines a variety of influences affecting child development it provides you with the theoretical and practical information you need to ensure you understand the complex factors which affect the children in your care and it encourages good thoughtful teaching dealing with some of the less widely addressed aspects of diversity and inclusion the book considers children who are asylum seekers the notion of pupil voice what diversity and equality mean in practice gender and achievement looked after children social class disability ethnicity and whiteness this book is essential reading for any education student looking at diversity and inclusion and for teachers in role looking for advice on how to meet the professional standards

Boys, Girls and Achievement

2002-01-04

girls are now out performing boys at gcse level giving rise to a debate in the media on boys underachievement however often such work has been a knee jerk response led by media not based on solid research boys girls and achievement addressing the classroom issues fills that gap and provides a critical overview of the current debate on achievement focuses on interviews with young people and classroom observations to examine how boys and girls see themselves as learners analyses the strategies teachers can use to improve the educational achievements of both boys and girls becky francis provides teachers with a thorough analysis of the various ways in which secondary school pupils construct their gender identities in the classroom the book also discusses methods teachers might use challenge these gender constructions in the classroom and thereby address the gender gap in achievement

Achievement and Achievement Motives

1983

how game designers can use the psychological phenomenon of loss aversion to shape player experience getting something makes you feel good and losing something makes you feel bad but losing something makes you feel worse than getting the same thing makes you feel good so finding 10 is a thrill losing 10 is a tragedy on an intensity of feeling scale loss is more intense than gain this is the core psychological concept of loss aversion and in this book game creator geoffrey engelstein explains with examples from both tabletop and video games how it can be a tool in game design loss aversion is a profound aspect of human psychology and directly relevant to game design it is a tool the game designer can use to elicit particular emotions in players engelstein connects the psychology of loss aversion to a range of phenomena related to games exploring for example the endowment effect why when an object is ours it gains value over an equivalent object that is not ours as seen in the weighted companion cube in the game portal the framing of gains and losses to manipulate player emotions deal or no deal s use of the utility theory and regret and competence as motivations seen in the context of legacy games finally engelstein examines the approach to loss aversion in three games by uwe rosenberg charting the designer s increasing mastery

Achievement Relocked

2020-02-18

this book brings together research and professional knowledge to enhance the teaching of lower attaining students in secondary mathematics attainment in mathematics is an important social issue since underachievement can make a difference to future life choices particularly amongst certain groups of students raising achievement in secondary mathematics shows how well

meant teaching strategies and approaches can in practice exacerbate underachievement in maths by making inappropriate demands on learners as well as criticizing some of the teaching and grouping practices that are considered normal in many schools the book also offers an alternative view of attainment and capability based on real classroom incidents in which low attaining students show themselves to be able to think about mathematics in quite sophisticated ways the author argues that teaching could be based on learners proficiency rather than on correcting deficits in knowledge and behaviour she describes how a group of teachers who believed that their students could do better with higher expectations developed a range of principles and strategies to support their work the students showed significant progress and the teachers felt they were doing a better job with numerous case studies ideas and teaching strategies this book is for anyone who is teaching or learning to teach mathematics

EBOOK: Raising Achievement in Secondary Mathematics

2006-06-16

are you an achievement addict it s hard not to be one given our collective obsession with success students fear that the atar will sum up not just their schooling career but also their individual worth australians aren t just mad for sporting victory skyrocketing house prices show we re equally hooked on owning property then there are the furious work habits of silicon valley ceos violin prodigies and tiger mums why do we constantly strive for our significance and could you quit the habit if you tried

Achievement Addiction

2021-08

from the founder of you can do it education a program for promoting student social emotional wellbeing and achievement that is being used in thousands of schools a guide to supporting struggling students california state university professor and educational psychologist michael bernard shows parents how to help their children succeed in school to the very best of their abilities you can do it reveals the various types of underachieving students tells how to prevent problems before they start explains which parenting techniques work and which don t as well as what attitudes and motivational skills children need to learn

Achievement in American Society

1969

a powerful program for reaching and exceeding your goals in life by the new york times bestselling author of eat that frog brian tracy is one of the world s leading authorities on success and personal achievement addressing more than 100 000 men and women each year in public and private seminars in maximum achievement he gives you a powerful proven system based

on twenty five years of research and practice that you can apply immediately to get better results in every area of your life you learn ideas concepts and methods used by high achieving people in every field everywhere you learn how to unlock your individual potential for personal greatness you will immediately become more positive persuasive and powerfully focused in everything you do many of the more than one million graduates of the seminar program upon which this book is based have dramatically increased their income and improved their lives in every respect the step by step blueprint for success and achievement presented in these pages includes proven principles drawn from psychology religion philosophy business economics politics history and metaphysics these ideas are combined in a fast moving informative series of steps that will lead you to greater success than you ever imagined possible they can raise your self esteem improve personal performance and give you complete control over every aspect of your personal and professional life looking for a book with the power to jump start your life look no further brian tracy s maximum achievement is a wake up call to the wonders within us all harvey mackay 1 new york times bestselling author of swim with the sharks without being eaten alive

You Can Do It

2009-11-29

what if you had a collaborative process of looking at student data that could pinpoint student gaps in learning and suggest effective strategies to close those gaps what if you knew not only what you should start doing to enhance student learning but also what you should stop doing because it hasn't given you the hoped for results enter achievement teams this is not another program that's here today and gone tomorrow it's a timeless approach that any school or district can replicate that focuses on the most significant variable in student achievement teaching in achievement teams steve ventura and michelle ventura offer a framework based on john hattie's visible learning research that makes teacher collaboration more efficient rigorous satisfying and effective think of it as a systematic treasure hunt for best practices using real data on your students the authors walk you through the achievement teams four step meeting protocol in step 1 teams focus on the evidence from a pre assessment to provide specific feedback to students and teachers about concepts and skills that students did and did not learn in step 2 teams use that evidence to establish smart goals for both teachers and students in step 3 teams summarize the collected data and make inferences around students mastery levels in step 4 teachers select high impact strategies directly targeted to student needs a post assessment reveals what did and didn't work the authors provide a plethora of resources along the way including reflection activities to extend your thinking and a variety of helpful downloadable templates designed to facilitate the work if you're a teacher or leader who is interested in maximizing student achievement this book is for you

Mental Toughness and Sports Achievement in Hockey

2011-06-07

2023-04-17

9/17

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this second edition enhances the five big ideas for raising reading achievement with seven cognitive strategies and more than twenty teaching for learning tips for daily instruction

Maximum Achievement

2022-05-27

achieve personal fulfilment in your career relationship and performance with success the psychology of achievement success the psychology of achievement will unlock your potential and help you raise your game by equipping you with the tools you need to achieve success in every aspect of life give your confidence a boost master your resources and raise your self awareness with proven strategies and theory understand the meanings of success and fulfilment and develop your confidence with advice on practical skills including work life balance self analysis stress control coping with peer pressure positive habits and mindfulness expertly mixing scientific research with constructive advice success the psychology of achievement asks you what you want from life and learn how to get it

Achievement Teams

2006-09-26

explains how the way people tell stories about themselves influences how they are viewed by others in their business and personal lives and explains how to become an engaging story teller

Raising Reading Achievement in Middle and High Schools

2017-01-16

school counselors often struggle to feel confident in delivering effective assistance to students due to a variety of reasons that currently do not have enough research or information developed this leads to a struggle for counselors to adequately address tough and relevant issues with these issues remaining unaddressed or addressed less effectively there is a concern that school counselors cannot mitigate these issues due to not being adequately informed this can lead to a lifetime of consequences for students strengthening school counselor advocacy and practice for important populations and difficult topics presents emerging research that seek to answer the tough and often unaddressed questions target present day issues of student populations and prepare school counselors to feel confident and competent in their counseling and advocacy practice these chapters using the newest information available will address these concerns and provide the best counseling work possible for underserved populations while covering research on counseling for students with chronic illnesses mixed statuses family issues minority students lgbtq youth and more this book is ideal for school counselors counseling educators practitioners stakeholders researchers academicians and students who are interested in school counseling and meeting the needs of diverse and important populations of students

Success The Psychology of Achievement

2008-10-07

this book describes all of the important factors that cause some students to have low reading achievement and others to have high reading achievement it concentrates on the main factors that influence how much a student gains in reading achievement during a year of school or a calendar year an attempt is made to answer the following questions what can educators do to increase reading achievement and what is beyond their influence the author is directly concerned with achievement associated with normal or typical reading the focus of the book is on things teachers can do during an entire school year that are likely to improve the reading level and reading rate of students which in turn will increase their reading achievement this effort to specify the most important causes of high and low reading achievement represents an integration of two disciplines of scientific psychology experimental psychology and psychometrics a glossary at the end of the book contains definitions of terms and concepts helpful appendices explain reading theory the three laws of reading theory and the equations that can be used to predict the accuracy of reading comprehension provide conversions among units of reading rate and list the numbered equations presented in the book

The Power of Story

2021-01-29

certain assumptions about man's creativity in relation to his chronological age have become so widely accepted as fact that the findings of this book will surprise both general reader and specialist and may have far reaching effects on established patterns of thought in psychology and in education the book is a statistical evaluation of achievement in relation to age assembling an incredible amount of factual information on the acres of superlative achievement in every field from prize fighting to philosophy originally published in 1953 the princeton legacy library uses the latest print on demand technology to again make available previously out of print books from the distinguished backlist of princeton university press these editions preserve the original texts of these important books while presenting them in durable paperback and hardcover editions the goal of the princeton legacy library is to vastly increase access to the rich scholarly heritage found in the thousands of books published by princeton university press since its founding in 1905

Strengthening School Counselor Advocacy and Practice for Important Populations and Difficult Topics

2000-02-01

this research study gives in detail the theoretical perspectives and research results concerned to scientific attitude scientific aptitude and achievement in biology this report will help the

2023-04-17

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researchers to probe into the unsorted areas the planners to frame feasible policies the authors to develop suitable books the teachers to provide appropriate learning experiences and the students to enhance the traits to the expected levels

The Causes of High and Low Reading Achievement

1953

a lot hangs on the summative grades that students are given a good degree opens doors which otherwise might remain closed yet as higher education is now a mass rather than an elite system what is expected of its graduates is different from the expectations of previous generations students are expected not only to be able to demonstrate high standards of academic achievement but also a variety of capabilities that have at different times been given labels such as generic skills and transferable skills these abilities are difficult to grade for a variety of reasons and some graduates may be losing out because their particular strengths are given insufficient acknowledgement in current summative assessment practices using the uk honours degree classifications as a case study this book appraises the way in which summative assessment in higher education is approached and shows that the foundations of current practices in the uk and elsewhere are of questionable robustness it argues that there is a need to widen the assessment frame if the breadth of valued student achievements is to be recognised adequately

Age and Achievement

2010

achievement and motivation was originally published in 1993 it provides a comprehensive review of research conducted on the topic in the late 1980s and early 1990s most particularly it focuses on the research of those in the field who tackle the issue from a social developmental perspective

Scientific Attitude, Scientific Aptitude And Achievement

2007-09-12

the importance of average calls attention to the policies and practices that discriminate against the silent majority of students in the american educational system arguments presented emphasize the collateral damage caused to average students by legislative mandates administrative policies teaching practices parenting beliefs and adherence to strict psychological constructs each of these factors has created a pervasive psycho educational belief of average ability the authors challenge what they consider as a pseudo definition of average that was brought about as an attempt by policymakers to test their way out of addressing the true inequities found in society further the authors identify how educational policymakers have

sacrificed the education of an entire class of students by creating the illusion that underachievement can be eliminated simply through lowering standards and examination pass rates in chronicling the plight of average students the authors capture the emotions and attitudes of teachers parents and students whose frustrations have been set aside in order to meet other special interests the authors explore methods that provide students of average knowledge in any given area with the appropriate tools necessary for succeeding in school finally the authors argue that there is no such thing as average intelligence

Grading Student Achievement in Higher Education

1992

building on a the popular series of english homework books for year 9 and 10 students is going where no new zealand book has gone before it is being offered as two compatible versions differentiated to meet the needs of the range of abilities in your students the original and probably most widely used established version is designed for students who are a comfortablea with the skills required at this level those who are refining their established skills for students who are still mastering these skills we have created a similar but simpler version developing it uses the same passages but edited in length teaches the same skills but is less detailed to give these students the opportunity to complete the exercises in the same time that other students take to complete more detailed work the quality remains the same the work expected is tailored to a different student ability level both books link to their corresponding a how to a textbook just as before

Achievement and Motivation

2010

revamp your life to grow evolve and become who you want to be lifestorming is the indispensably practical handbook for becoming the person you want to be redesign your life friends behaviors and beliefs to move closer to your goals every single day guided by expert insight and deep introspection written by a veteran author team behind almost 100 books on human behavior this guide helps you learn why you do things the way you do them and how to do them better the lifestorming test allows you to assess your current state in concrete terms and assess your ability to change and adapt from there it s about identifying people actions habits and beliefs that either support your personal and professional growth or hold you back you ll learn the six building blocks of character challenge your belief system develop a leadership mindset and overcome the fear and guilt of success you ll map out an action plan and learn how to continually move forward at work at home and in everyday life we often don t realize how much of our natural default is established by others whose goals are you working toward are you measuring your progress with the correct yardstick this book shows you how to take a step back and compare your life today with the future you want and build a plan for changing track toward constant evolution and growth assess your current state and your

capacity for change develop the right goals and the right metrics to create the future you want learn how character evolves and why it s essential to growth change your habits and behaviors to consistently grow and evolve we all carry around old baggage obsolete friendships and counterproductive beliefs and every day they pull us a little further away from what we really want lifestorming is your real world guide to shedding the stagnation and allowing yourself to grow into the person you want to become

The Importance of Average

2010

students learn challenging words through reproducible exercises

Building On

1972

during his forty two years as president of ams press gabriel hornstein quietly sponsored and stimulated the revival of long eighteenth century studies whether by reanimating long running research publications by creating scholarly journals or by converting daring ideas into lauded books gabe initiated a golden age of enlightenment scholarship this understated publishing magnate created a global audience for a research specialty that many scholars dismissed as antiquarianism paper ink and achievement finds in the career of this impresario a vantage point on the modern study of the enlightenment an introduction discusses hornstein s life and achievements revealing the breadth of his influence on our understanding of the early days of modernity three sets of essays open perspectives on the business of long eighteenth century studies on the role of publishers printers and bibliophiles in manufacturing cultural legacies on authors whose standing has been made or eclipsed by the book culture and on literary modes that have defined delimited or directed enlightenment studies published by bucknell university press distributed worldwide by rutgers university press

Achievement in Secondary School: Attitudes, Personality and School Success

2017-04-11

thoroughly updated to reflect the challenges of diversity in today s schools this new edition of achievement and inclusion in schools shows how high levels of inclusion can be entirely compatible with high levels of achievement and that combining the two is not only possible but also essential if all students are to have the opportunity to participate fully in education each chapter has been fully revised to reflect an understanding of inclusion as being concerned with the learning and participation of everyone in a changing education policy context based on new case study research this edition sets out to answer the following questions are there strategies

which can raise the achievement of all students while safeguarding the inclusion of others who are more vulnerable how can schools ensure high levels of inclusion as well as high levels of achievement for everyone how might research into these matters be carried out with new case studies in this second edition that reflect the devolution of education policy in the four countries of the uk this book addresses concerns about how schools can respond to differences between learners without marginalising some of them it offers guidance to practitioners as well as those undertaking research on this important topic

Lifestorming

2002

nobody performs better under pressure regardless of the task pressure ruthlessly diminishes our judgment decision making attention dexterity and performance in every professional and personal arena in performing under pressure drs hendrie weisinger and j p pawliw fry introduce us to the concept of pressure management offering empirically tested short term and long term solutions to help us overcome the debilitating effects of pressure performing under pressure tackles the greatest obstacle to personal success whether in a sales presentation at home on the golf course interviewing for a job or performing onstage at carnegie hall despite sports mythology no one rises to the occasion under pressure and does better than they do in practice the reality is pressure makes us do worse and sometimes leads us to fail utterly but there are things we can do to diminish its effects on our performance performing under pressure draws on research from over 12 000 people and features the latest research from neuroscience and from the frontline experiences of fortune 500 employees and managers navy seals olympic and other elite athletes and others it offers 22 specific strategies each of us can use to reduce pressure in our personal and professional lives and allow us to better excel in whatever we do whether you re a corporate manager a basketball player or a student preparing for the sat performing under pressure will help you to do your best when it matters most

Key Words for High Achievement

2020-10-16

Paper, Ink, and Achievement

2016-07-22

Achievement and Inclusion in Schools

2015-02-24

Performing Under Pressure

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