# Free epub Kiss of the yogini (Download Only)

The Heart of the Yogini The Heart of the Yogini Yogini Kiss of the Yogini Crazy Wisdom of the Yogini 'Yogini' in South Asia Tāntricism The Heart of the Yogini Sixty-four Yoginis A Yoga of Indian Classical Dance Yogini Yoginī The Yogini Experiencing the Goddess The Yogini Poems The Yoginī Temples of India The Yogini's Eye The Yoginis Oracle The Chausathi Yoginis of Hirapur The Heart of the Yogini The Yoginis of Ranipur Jharial The Yogini's Eye Yogini's Stilettos Ashta Maha Yogini Tantra Confessions of a Gypsy Yogini Applications of Yogini Dasha for Brilliant Predictions 'Yoginī' in South Asia Autobiography of a Yogini Yogini Yoginī, Cult and Temples The Kaulajñānanirṇaya Yogini Magic: The Sorcery, Enchantment and Witchcraft of the Divine Feminine Making of a Yogini Yin, Yang, Yogini Sinister Yogis Scattered Goddesses Matrika Yogini Tantra The Master Mystic Nawa Yogini Tantra Calling the Lama from Afar

#### The Heart of the Yogini 2013-10-02

though many practitioners of yoga and meditation are familiar with the shri chakra a sacred diagram few fully understand the depth of meaning in this representation of the cosmos the yoginihrdaya a hindu tantric text dating back to the tenth or eleventh century ce discloses to initiates the secret of the heart of the yogini or the supreme reality the divine plane where the goddess tripurasundari or consciousness itself manifests her power and glory through her yantra mantra and worship andré padoux with roger orphe jeanty offers the first english translation of this seminal text padoux demonstrates that the yoginihrdaya is not a philosophical treatise aimed at expounding particular metaphysical tenets rather it aims to show a way towards liberation or more precisely to a tantric form of liberation in this life jivanmukti which grants both liberation from the fetters of the world and domination over it

#### The Heart of the Yogini 2013-12

andré padoux offers the first english translation of the yoginihrdaya a seminal hindu tantric text dating back to the 10th or 11th century ce

#### Yogini 2010-04-28

yogini unfolding the goddess within is a unique record of personal experiences that portray in its various fascinating episode the secrets of the magical world of tantra it shows how the gods and goddesses can manifest themselves within our daily lives taking us from the mundane to the sublime and making our days and nights a dance of wonder and delight

#### Kiss of the Yogini 2006-07-07

for those who wonder what relation actual tantric practices bear to the tantric sex currently being marketed so successfully in the west david gordon white has a simple answer there is none sweeping away centuries of misunderstandings and misrepresentations white returns to original texts images and ritual practices to reconstruct the history of south asian tantra from the medieval period to the present day kiss of the yogini focuses on what white identifies as the sole truly distinctive feature of south asian tantra sexualized ritual practices especially as expressed in the medieval kaula rites such practices centered on the exchange of powerful transformative sexual fluids between male practitioners and wild female bird and animal spirits known as yoginis it was only by drinking the sexual fluids of the yoginis that men could enter the family of the supreme godhead and thereby obtain supernatural powers and transform themselves into gods by focusing on sexual rituals white resituates south asian tantra in its precolonial form at the center of religious social and political life arguing that tantra was the mainstream and that in many ways it continues to influence contemporary hinduism even if reformist misunderstandings relegate it to a marginal position kiss of the yogini contains white s own translations from over a dozen tantras that have never before been translated into any european language it will prove to be the definitive work for persons seeking to understand tantra and the crucial role it has played in south asian history society culture and religion

#### Crazy Wisdom of the Yogini 2021-06-29

shares vivid experiential descriptions of the author's sessions with master lalita devi wherein she imparted the essential principles of the mahamudra to him physically verbally and energetically presents new translations of the most significant sacred books including the shiva sutras the pratybhijna hrdayam sutra and the spandakarika each presented in language that

preserves their spontaneous mystic flow pairs the author's intellectual study of the sacred texts with direct transmissions from his teacher with each perspective shedding light on the other in 1975 in an isolated himalayan forest daniel odier met lalita devi a tantric yogini who took him on a mystical journey beyond the limits of sexual experience to transcend the ego recognize the true self and rediscover the divine nature of absolute love now odier shares the secret teachings and self realization practices of the kashmiri mahamudra meditation on the mind itself and the pratyabhijna the school of sudden recognition the author offers vivid descriptions of his sessions with lalita devi wherein she imparted the essential principles of the mahamudra and the yoga of emotions to him physically verbally and energetically lalita devi knew the principal texts of kashmiri shaivism by heart new translations of the most significant sacred books including the shiva sutras the pratyabhijnahrdayam and the spandakarika are provided by odier along with chants and poems from the vogini tradition presented in language that preserves their spontaneous mystic flow and restores their original ancient female origins crazy wisdom of the yogini offers a profound inside look at authentic tantric teachings

#### 'Yogini' in South Asia 2013-07-18

in different stages in the history of south asian religions the term yoginī has been used in various contexts to designate various things a female adept of yoga a female tantric practitioner a sorceress a woman dedicated to a deity or a certain category of female deities this book brings together recent interdisciplinary perspectives on the medieval south asian cults of the yoginis such as textual philological historical art historical indological anthropological ritual and terminological the book discusses the medieval yoginī cult as illustrated in early Śaiva tantric texts and their representations in south asian temple iconography it looks at the roles and hypostases of yoginīs in contemporary religious traditions as well as the transformations of yoginī related ritual practices in addition this book systematizes the multiple

meanings and proposes definitions of the concept and models for integrating the semantic fields of yoginī highlighting the importance of research from complementary disciplines for the exploration of complex themes in south asian studies this book is of interest to scholars of south asian studies and religious studies

#### Tāntricism 1981

this is the first english translation of the yogin $\bar{n}$ hrdaya the heart of the yogin $\bar{n}$  an important twelfth century sanskrit ritual and religious text of the Śr $\bar{n}$ vidy $\bar{n}$  one of the main schools of the tantric tradition of kashmir shaivism with explanatory commentary notes a glossary and an index it details the teaching and ritual of the Śr $\bar{n}$ vidy $\bar{n}$  whose main deity is the fair and benevolent goddess tripurasundar $\bar{n}$  the supreme yogin $\bar{n}$  this ancient tradition is still active in nepal and india

#### The Heart of the Yogini 2013

the sixty four yoginis are the lesser known forms of the goddess shakti in art and religion variously portrayed as malevolent goddesses deities of tantric rituals and yoginis of flesh and blood they are seen as the sixty four forms of the goddess and the sixty four embraces of shiva and shakti abandoned temples stretching from banda in uttar pradesh to bolangir in odisha were once witness to the evolution of the mysterious cult of these goddesses shrouded in secrecy knowledge about them is till date closely guarded by the tantric acaryas sixty four yoginis cult icons and goddesses deciphers the complex forms of the yoginis by engaging with the subject historically aesthetically theologically and anthropologically identifies the yoginis of the temple of the puranas of the tantric texts of folklore and finally of the yogini kaula and examines the different layers of the complex phenomena based on rigorous fieldwork in the hitherto untraversed terrains where the yoginis have their abode the book offers valuable insights for researchers in the fields

of religion myth culture history and gender studies the text of this handsomely produced volume is supplemented with a rich collection of photographs

#### Sixty-four Yoginis 2015

the yoga and classical dance traditions of india have been inextricably entwined for millennia the exacting hand gestures postures and movements of indian classical dance can only be achieved through yogic concentration conversely the esthetics symmetry and dynamism of dance enhance the practice of yoga these two traditions so complementary and essential to one another are united and explicated for the first time in a yoga of indian classical dance twenty five years ago roxanne kamayani gupta embarked on a journey of dance and yoga yearning to unlock their mysteries and discover their common origins as a twenty year old student from america she was miraculously and mysteriously absorbed into indian culture became a hindu and began an odyssey so unusual and unique that the reader will be enchanted by its telling choosing the path of the dancer roxanne gupta accomplished what no western woman had done before being accepted and trained by indian masters and then performing in the indian classical traditions from the palaces of maharajas to the arts festivals of europe and america while at the same time achieving a doctorate in the anthropology of religion and being initiated into a number of yogic traditions having mastered the classical form of kuchipudi dance and studied with teachers of the hatha and kriva yoga traditions she brings together these two great streams of consciousness and practice in this tantric approach to yoga and dance expressed through the body and through a yoga of emotions we see the traditions embodied in a manner that embraces the totality of the human experience the result is the dance of the yogini the sacred feminine initiatress who dances with one foot in nature and the other in the realm of the gods with extensive photographs of innovative yoga routines roxanne kamayani gupta distills her experience into techniques for yogic study

certain to assist students of all levels to achieve a dynamic beautiful and graceful practice

#### A Yoga of Indian Classical Dance 2000-03-01

a simon schuster ebook simon schuster has a great book for every reader

#### Yogini 2023-08-29

with her days split between a passionate marriage and a high octane television studio job homi is a thoroughly modern young woman until one day she is approached by a yogi on the street this mysterious figure begins to follow her everywhere visible only to homi who finds him both frightening and inexplicably arousing convinced that the yogi is a manifestation of fate homi embarks on a series of increasingly desperate attempts to prove that her life is ruled by her own free will much to the alarm of her no nonsense husband and cattily snobbish mother her middle class kolkata life and the relationships that define her identity are disturbed to the point of disintegration following the inexorable pull of tradition the mystic forces that run beneath the shallow surface of our modern existence like red earth beneath the pavements homi ends up in benaras the holy city on the banks of the ganga where her final battle with fate plays out

#### Yoginī 2016

this collection of poems is dedicated to the yoginis the author has met in course of her research and travel a pronounced sense of sacredness and spirituality characterizes these women of the mystic yogini cult which venerates the all powerful divine female figure the yogini the enigma of these tantric goddesses intrigued the author these poems are a tribute to the forgotten yoginis and are an attempt to write about the silence light and space in the life and love meanderings of the yogini

#### The Yogini 2019-11-25

the yogini s eye comprehensive introduction to buddhist tantra volume i systemization and interpretation introduces a new translation series classics of the early sakya which will focus on the extensive literature of the sakya lamdre lineage of the hevajra tantra cycle of revelation this first volume of introduction is the earliest book of its type and comprehensive treatment of the subject matter to have been written and initiated the scholarly study of tibetan buddhist tantra subsequent studies in all lineages were built on the foundation established by this book the yogini s eye has served as the introductory textbook for the study of sakya tantra continuously for over 800 years over the centuries the textbook has been supplemented by a total of fifteen commentaries and study guides written by the most learned scholars of the sakya tradition including lama dampa sonam gyaltsen 1312 1375 yeshe gyaltsen 1300 s 1406 ngorchen kunga zangpo 1382 1450 lowo khenchen sonam lhundrup 1456 1532 ngorchen konchok lhundrup 1497 1547 amezhap ngawang kunga sonam 1597 1659 and dezhung chopel jamyang kunga namgyal 1880 s mid 1950 s this first english edition contains the translation of thirteen of these study guides excluding all repetitive sections inserted into the original book in the appropriate context

#### Experiencing the Goddess 2019

the yoginî pantheon which can be observed throughout india in temples open to the sky consists of an elaborate symbolic iconography that differs from one group of yoginîs to another the present oracle containing sixty four images of yoginîs was created as an auspicious dialogue with the inner self steeped in an ancient wisdom this divinatory deck will aid the seeker in achieving a deeper esoteric knowledge of the self and the path to the realisation of the self in an easy and practical way the oracle of the yoginîs helps the seeker understand qualities issues and divine protections which lead to accurate powerful and positive actions on the part of the seeker for the

greater good of the world

#### The Yogini Poems 2020-06-13

this book is a compilation of research and readings on the chausathi yogini temple at hirapur near bhubaneswar odisha india this book was motivated by the desire to delve deeply into the tantric roots in which the yogini cult is embedded and to link it to the significance of this site as a potential cultural tourism destination

#### The Yoginī Temples of India 2008

andré padoux offers the first english translation of the yoginihrdaya a seminal hindu tantric text dating back to the 10th or 11th century ce

#### The Yogini's Eye 2012-08-15

the yoginis of ranipur jharial tantric goddesses of yore is a compilation of the author s research readings and insights on the chausathi yoginis temple at ranipur jharial balangir odisha india this book was motivated by the author s desire to delve deeply into the tantric roots in which the yogini cult is embedded and to link it to the significance of this site as a potential cultural tourism destination the book focuses on the forgotten chausathi yoginis along with rare facts about the temple the author s mystical insights explorations of the yogini cult and its contemporary relevance

#### The Yoginis Oracle 2013

the yogini s eye comprehensive introduction to buddhist tantra volume i systemization and interpretation introduces a new translation series classics of the early sakya which will focus on the extensive literature of the sakya lamdre lineage of the hevajra tantra cycle of revelation this first volume of

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#### The Chausathi Yoginis of Hirapur 2019-06-06

namo stutee to all this is a quick pick me up self help book to collectively unite and evolve humanity verbally physically emotionally mentally and spiritually so that no pandemic ever shakes the balance of the coronial race in this era we rise to the occasion by wearing the right shoes sometimes the circumstances of life call for a change of shoe and sometimes it calls for a change of path by changing our stance and gait we open ourselves up to a sea of exciting opportunities you wearing your fancy stilettos will end up twisting and hurting your feet walking on a path laden with gravel and stones if you walk on the path with the appropriate shoes then you can seamlessly and effortlessly tread the path laid out by your destiny changing your shoes or your path requires an immense amount of self confidence courage and faith once i knew my path the next obvious step for me was to slip into my stilettos to rise to the occasion time has come for you to change into your happy shoes or ideal stilettos and transition to a state of unbound exuberance with balance positivity and ease each of us is divinely gifted with

a unique pair of magical shoes the fitting of the shoe decides the right choice you make i present to you this self help book empowering you to make healthy choices and to get rooted it gives you healing tips to celebrate yourself and others this way you too can realize your true potential and elegantly allow the energy to flow through your feet on the royal path carved out for you with universal love gratefulness and grace if you believe you are ready to evenly restore and walk in perfect alignment on the holy grounds where sacred seas and the sky mingle then this book is just the right fit for you

#### The Heart of the Yogini 2013-12

yogini tantra is capable of giving everything desired in the world and a practitioner enlightened with it being rare for even gods this great esoteric wisdom is practiced by the lord kubera lord of treasuries prosperity luxury money and luck by virtue of which he is able to become the lord of three worlds heaven earth and underworld in very ancient days eight great female shaktis emerged from the cosmic soul of the principle deities and formed kali or durga the universal shakti power these were the grand mothers ashta matrikas of all subsequent yoginis according to kaula tantra these eight manifested each in turn into eight divine shaktis thus resulting in the 64 tantric yoginis these 64 powerful goddesses have unique personas and powers to fulfill your desires drive away negativity and fear prevent misfortunes and give you knowledge peace all around prosperity good progeny and auspiciousness of all kinds the goal of yogini worship as described in both purana and tantras was the acquisition of occult powers or siddhisthe sri matottara tantra describes 8 major powers as named in the yoga sutras of patanjali namely anima becoming microscopically small giving knowledge of how the world works mahima becoming huge able to view the whole solar system and the universe laghima becoming weightless allowing levitation and astral travel away from the body garima becoming very heavy and powerful prakamya having an irresistible willpower able to

control the minds of others ishitva controlling both body and mind and all living things vashitva controlling the natural elements such as rain drought volcanoes and earthquakes prakamaya gaining all one s desires and any treasure

#### The Yoginis of Ranipur Jharial 2021-08-29

confessions of a gypsy yogini is a tale of experience through mistakes learning the hard way it is a guidebook to help find ourselves offering a fresh approach to traditional teachings in a non adulterated way adapted to modern characters presented within the buddhist framework it will draw the reader closer to seeing things as they truly are assisting in ascertaining and validating our inherent beauty and combating any feeling of worthlessness while acknowledging anxiety as a part of the path to overcome negative perceptions we need to study our confusion and find tools to clear some of it away learning how to meditate begins the road to healing and training in various simple formulas directs us to becoming better people we can meet life s challenges with humor and triumph over them included are several opinions of major tibetan teachers confessions of a gypsy yogini is a vivifying account of the ambrosia like buddhist path with brilliant imagery and clear voices of many renowned masters recorded by the author who lived at the feet of one of the greatest tibetan masters of meditation for 17 years at the epicenter of unfolding events of dharma that crossed many oceans may this volume reach many to ignite the light of love and wisdom the true meaning of dharma in the hearts of many tulku thondup rinpoche marcia dechen wangmo has followed many great lamas some of the best of this century her account of her experience as an american amidst this older generation of lamas is quite important for dharma students from the west dzongsar khyentse rinpoche

#### The Yogini's Eye 2012

in different stages in the history of south asian religions the term yoginī has been used in various contexts to designate various things a female adept of yoga a female tantric practitioner a sorceress a woman dedicated to a deity or a certain category of female deities this book brings together recent interdisciplinary perspectives on the medieval south asian cults of the yoginis such as textual philological historical art historical indological anthropological ritual and terminological the book discusses the medieval yoginī cult as illustrated in early Saiva tantric texts and their representations in south asian temple iconography it looks at the roles and hypostases of yoginīs in contemporary religious traditions as well as the transformations of yoginī related ritual practices in addition this book systematizes the multiple meanings and proposes definitions of the concept and models for integrating the semantic fields of yoginī highlighting the importance of research from complementary disciplines for the exploration of complex themes in south asian studies this book is of interest to scholars of south asian studies and religious studies

#### Yogini's Stilettos 2021-04-22

autobiography of a yogini is the story of the author's spiritual transformation and mystical and tempestuous 7 year relationship with one of the world's most renowned gurus sri sri ravi shankar i wasn t raised to become a devotee or follower i was a black single mother who was raised by a black single mother education had been my path to enlightenment pulling me up out of a chaotic childhood with a psychology degree from uc berkeley and a ph d in education from ucla i spent 20 years in the ashram of higher education although i had studied god i was completely unprepared for contacting god the way i did through this famous and powerful spiritual leader and world figure who has over twenty million followers intellectual pursuits became irrelevant as i was consumed by an extraordinary relationship with a man

who could read my mind and make his thoughts my own unbelievable spiritual powers opened within me i became able to see hear and connect to the divine at will the unveiling of these powers was a continual source of surprise to me as they expanded my consciousness of this world but all of this transcendence occurred against a backdrop of heartache although he and i were living out this ancient love inside one of the largest spiritual organizations in the world we were also just a man and a woman

#### Ashta Maha Yogini Tantra 2020-12-03

in the himalayas the savage mount k2 stands as the second highest peak on the planet shrouded in mysticism it protects the greatest secret the world has ever possessed an enigmatic vital knowledge of yog that can bestow unparalleled cosmic powers called siddhi the mighty asura of the planet nicaea cosmic subjugators and destroyers of worlds have searched for this vital knowledge since time immemorial a megalomaniacal super yogi bubba has partly accessed the vital knowledge using guile and deception consumed by siddhi this super yogi commands a sinister army unlike any other under a single edict promulgated by him he has made an alliance with the asura and set in motion an ancient warning forced to confront this edict is a young american yogini gerua victim to tragic events in the himalayas this reluctant warrior is chosen by providence to partake in an ancient prophecy that follows the warning giving birth to a paragon she must find an ancient shape shifting gate that jumps space and time this gate leads to the cosmic realm of the lord of yog where her son danta can fulfill the prophecy and bring balance in the cosmos vital knowledge is secretly bestowed on gerua endowing her with siddhi but she is forbidden from using the power mythical beings of the mountain ascetic warriors and immortals join gerua and the five year old danta to challenge the corrupt super yogis demonic ire and his reckless use of siddhi deciphering clues and battling the malevolent legions of bubba that relentlessly pursue them gerua and danta must race against time if they are to find the gate

#### Confessions of a Gypsy Yogini 2010

on yoginīs minor form of hindu goddesses belonging to tantric tradition

### Applications of Yogini Dasha for Brilliant Predictions 1994

sanskrit treatise on the fundamentals of natha sect in hinduism

#### 'Yoginī' in South Asia 2013

a yogi is one who has mastered the mind and the senses through detachment ascetic practices and meditation these contain the personal spiritual experiences of dolly baile shivangini over a period of 7 years it gives an understanding to the reader about the journey of a yogi as they attain salvation

#### Autobiography of a Yogini 2012-11-01

yoga's restorative power is revealed in this uplifting memoir about finding an oasis of peace in the midst of crises large and small publishers weekly at the age of fifty author parenting expert and huffington post blogger kathryn e livingston thought everything in her life would click into place instead she felt like she was falling apart she was consumed by panic and anxiety neglecting her body always expecting the worst until her discovery of yoga helped her find peace this is a memoir about two transformative years in kathryn's life an account of her relationship with a compassionate teacher who taught her to trust herself and the universe even while facing the death of her parents her children leaving home for college and breast cancer it's about recognizing the mind body connection and finding the way back to mental and physical health the story of how yoga weaves its magic

throughout a woman s life yoga aficionados and beginners alike as well as anyone who has ever faced tragedy head on will benefit from kathryn s journey above all yin yang yogini is a memoir about reinvention with yoga as the backdrop for change a blueprint for evolving in midlife and in midstride learning to let go of the past and living with trust in the present moment

#### Yogini 2018-11-07

since the 1960s yoga has become a billion dollar industry in the west attracting housewives and hipsters new agers and the old aged but our modern conception of yoga derives much from nineteenth century european spirituality and the true story of yoga s origins in south asia is far richer stranger and more entertaining than most of us realize to uncover this history david gordon white focuses on yoga s practitioners combing through millennia of south asia s vast and diverse literature he discovers that yogis are usually portrayed as wonder workers or sorcerers who use their dangerous supernatural abilities which can include raising the dead possession and levitation to acquire power wealth and sexual gratification as white shows even those yogis who aren t downright villainous bear little resemblance to western assumptions about them at turns rollicking and sophisticated sinister yogis tears down the image of yogis as detached contemplative teachers finally placing them in their proper context

#### Yoginī, Cult and Temples 1986

scattered goddesses travels with the yoginis is a book about the lost home the new homes and the journeys in between of nineteen sculptures that now reside in at least twelve separate museums across north america western europe and south india after piecing together what these goddesses and their former companions might have meant when they were together in tenth century south india kaimal traces them into the hands of private collectors

and public museums as these objects became more thoroughly separated from each other with each transaction in the process of export and purchase and in the hostile as well as loving receptions these sculptures received within south asia she finds that collecting and scattering were the same activity experienced from different points of view

#### The Kaulajñānanirnaya 2012

this book is a deep and reverent expression of the legends history qualities and meditative worship of the holy mother goddesses of ancient india known collectively as the ashta matrikas classically informative and truly meditative these pages illuminate the wisdom teachings that each of the goddesses represent and still offer to those who sincerely seek it included are breathtaking paintings of each mother that have been meticulously informed by years of research pilgrimage and dedicated spiritual practice by the author and beautifully revealed by the artist a book for anyone who wishes to grow closer to shakti

## Yogini Magic: The Sorcery, Enchantment and Witchcraft of the Divine Feminine 2022-08-26

india is a land where spiritual masters and mystics have blossomed from time to time sharing their spiritual experience and knowledge for the benefit of all this book throws light on a rarely studied aspect of indian spirituality its women mystics and will be useful to all those interested in spirituality or in studying it as a subject

#### Making of a Yogini 2007-12

calling the lama from afar is a journey into the world of the remarkable yoginis of gebchak gompa a nunnery in a remote valley in the eastern tibetan region of nangchen known as the land of meditators situated at an

altitude of over 14 000 feet gebchak is home to more than 300 nuns renowned for their practice and realisation and is the heart and hub of a group of more than 30 gompas under the care of tsoknyi rinpoche iii bokar rinpoche wrote that of the many practice centers for women gebchak gompa is the most renowned center in tibet the gebchak yoginis are particularly known for their accomplishment of the practice of tummo or inner fire meditation which they demonstrate in an annual winter ceremony using tummo to dry wet sheets wrapped around their bodies as they walk slowly around the gompa in temperatures far below freezing at the heart of the book are interviews with gebchak nuns including some very accomplished elderly yoginis who speak openly about their lives and their meditative realization

Yin, Yang, Yogini 2014-07-01

<u>Sinister Yogis</u> 2010-07-15

Scattered Goddesses 2012

Matrika Yogini Tantra 2022-08-08

The Master Mystic 2007

Nawa Yogini Tantra 1983

### Calling the Lama from Afar 2022-12

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