

# FREE PDF EMDR AND PSYCHOTHERAPY INTEGRATION THEORETICAL AND CLINICAL SUGGESTIONS WITH FOCUS ON TRAUMATIC STRESS INNOVATIONS IN PSYCHOLOGY SERIES (READ ONLY)

RECEIVED MAY 3 2019 ACCEPTED MAY 3 2019 WHEN THE AMERICAN PSYCHOLOGICAL ASSOCIATION APA PUBLISHED ITS PRACTICE GUIDELINES FOR POSTTRAUMATIC STRESS DISORDER A NUMBER OF EMERGING AND INNOVATIVE APPROACHES TO TREATING TRAUMA SURVIVORS WERE NOT INCLUDED IN THE DOCUMENT DEC 13 2023 THE SECONDARY TRAUMATIC STRESS INNOVATIONS AND SOLUTIONS CENTER STS ISC AT THE UNIVERSITY OF KENTUCKY CENTER ON TRAUMA AND CHILDREN IS NOW ACCEPTING FOR APPLICATIONS FOR THE SECONDARY TRAUMATIC STRESS BREAKTHROUGH SERIES COLLABORATIVE STS BSC THE ISTSS 37TH ANNUAL MEETING SHOWCASED RECENT INNOVATIONS IN HOW WE CONCEPTUALIZE AND ADDRESS TRAUMATIC STRESS RESULTS PMTS IS ASSOCIATED WITH EMOTIONAL AND BEHAVIORAL DYSREGULATION THAT CAN CAUSE FAMILY DISTRESS AND ULTIMATELY INTERFERE WITH RESILIENCE AND COPING PEDIATRIC PATIENTS AND THEIR CAREGIVERS BENEFIT FROM SUPPORT TO HELP THEM COPE WITH THE PMTS ASSOCIATED WITH CHRONIC ILLNESS TRAUMA RECOVERY RESILIENCE INNOVATIONS TRI DEVELOPS TESTS AND SUPPORTS THE IMPLEMENTATION OF INTERVENTIONS TO PROMOTE MENTAL HEALTH AND WELLBEING FOLLOWING EXPOSURE TO TRAUMATIC AND STRESSFUL EVENTS LEADERSHIP KRISTEN LINDGREN PHD ABPP MICHELE BEDARD GILLIGAN PHD TRI WEBSITE MAIN CHALLENGE DESCRIBE NOVEL WAYS THAT TREATMENTS ARE BEING ADAPTED TO IMPROVE TARGETING OF SYMPTOMS AS WELL AS DECREASE BURDEN AND DIFFICULTIES ASSOCIATED WITH ACCESSING CARE DISCUSS THE LATEST INNOVATIONS IN MECHANISM RESEARCH AS A MEANS OF IMPROVING THE PRECISION OF PREVENTION AND INTERVENTION APPROACHES JOURNAL OF TRAUMATIC STRESS IS AN INTERDISCIPLINARY FORUM FOR THE PUBLICATION OF PEER REVIEWED ORIGINAL PAPERS ON BIOPSYCHOSOCIAL ASPECTS OF TRAUMA PAPERS FOCUS ON THEORETICAL FORMULATIONS RESEARCH TREATMENT PREVENTION EDUCATION TRAINING AND LEGAL AND POLICY CONCERNS MEDICAL TRAUMATIC STRESS INNOVATIONS INVESTIGATIONS AND INTERVENTIONS IN THE SETTING OF CHRONIC ILLNESS OBJECTIVES FACTORS THAT SUPPORT THE EMOTIONAL WELL BEING OF CHILDREN WITH MEDICAL ILLNESS INCLUDE IDENTIFYING AND MITIGATING PEDIATRIC MEDICAL TRAUMATIC STRESS PMTS THIS SPECIAL ISSUE OF THE APA JOURNAL PRACTICE INNOVATIONS VOL 4 NO 3 SEPTEMBER 2019 PUBLISHED JOINTLY WITH A COMPANION ISSUE IN PSYCHOTHERAPY FEATURES THE APA CLINICAL PRACTICE GUIDELINE FOR THE TREATMENT OF POSTTRAUMATIC STRESS DISORDER PTSD THIS TRAINING IS BEING OFFERED BY THE UNIVERSITY OF KENTUCKY CENTER ON TRAUMA AND CHILDREN THROUGH THE SECONDARY TRAUMATIC STRESS INNOVATIONS AND SOLUTIONS CENTER WE WILL BE USING THE WINDOW OF TOLERANCE FRAMEWORK TO DISCUSS

2023-06-21

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WORK EXPERIENCE  
CERTIFICATE FORMAT  
MECHANICAL ENGINEER

REGULATION DYSREGULATION AND AS A FRAME FOR REVIEWING COPING STRATEGIES IN THE FACE OF SECONDARY TRAUMATIC STRESS THE RESULTS AT THE 3 MONTH ASSESSMENT 90 OF TST PARTICIPANTS WERE STILL IN TREATMENT WHEREAS ONLY 10 OF CAU PARTICIPANTS REMAINED WITHIN GROUP ANALYSES OF TST PARTICIPANTS DEMONSTRATED SIGNIFICANT REDUCTIONS IN POSTTRAUMATIC STRESS AND AGGRESSION AS WELL AS A SLIGHT IMPROVEMENT IN HOME SAFETY THE INTERNATIONAL SOCIETY FOR TRAUMATIC STRESS STUDIES IS DEDICATED TO SHARING INFORMATION ABOUT THE EFFECTS OF TRAUMA AND THE DISCOVERY AND DISSEMINATION OF KNOWLEDGE ABOUT POLICY PROGRAM AND SERVICE INITIATIVES THAT SEEK TO REDUCE TRAUMATIC STRESSORS AND THEIR IMMEDIATE AND LONG TERM CONSEQUENCES TO HELP SUPERVISORS INCREASE THEIR KNOWLEDGE AND SKILLS IN STS INFORMED SUPERVISION THE SECONDARY TRAUMATIC STRESS INNOVATIONS AND SOLUTIONS CENTER STS ISC AT THE UNIVERSITY OF KENTUCKY FUNDED BY A GRANT FROM THE SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION DEVELOPED TRAINING MODULES FOR EACH OF THE NINE SECONDARY TRAUMATIC STR THROUGH THE CONTENT IN THIS COURSE PARTICIPANTS WILL LEARN THE RISKS ASSOCIATED WITH WORKING WITH INDIVIDUALS SUFFERING WITH TRAUMATIC STRESS SYMPTOMS STRATEGIES TO REDUCE THE IMPACT OF SECONDARY TRAUMATIC STRESS STS AND HOW TO SUPPORT WELLNESS IN STAFF MEDICATION INFORMATION A PERSON EXPERIENCES TRAUMA WHEN AN UNEXPECTED AND OVERWHELMING LOSS OR LIFE THREATENING EVENT HAS HAPPENED TO THEM OR SOMEONE THEY CARE ABOUT TRAUMA CAN COME IN THE FORM OF A PHYSICAL TRAUMA LIKE ASSAULT OR INJURY OR A PSYCHOLOGICAL ONE LIKE SURVIVING ABUSE OR WAR RED CROSS MEDIC TRANSFORMING THE PSYCHOLOGICAL HEALTH SYSTEM OF CARE IN THE US MILITARY MIT S RESEARCH PROJECT MILITARY PSYCHOLOGICAL HEALTH ENTERPRISE POST TRAUMATIC STRESS INNOVATIONS PTSI BEGAN IN FEBRUARY 2012 AND RAN THROUGH JANUARY 2016 WHAT IS TRAUMA TRAUMA IS THE EXPERIENCE OF SEVERE PSYCHOLOGICAL DISTRESS FOLLOWING ANY TERRIBLE OR LIFE THREATENING EVENT SUFFERERS MAY DEVELOP EMOTIONAL DISTURBANCES SUCH AS EXTREME ANXIETY IDENTIFY INNOVATIVE AND SCALABLE APPROACHES TO EXAMINE IN WHICH EXPERIENCES OF TRAUMATIC STRESS CAN CONTRIBUTE TO ADVERSE MENTAL AND PHYSICAL HEALTH DISCUSS ADVANCES IN INNOVATIVE AND SCALABLE TRAUMA FOCUSED INTERVENTIONS THAT ADDRESS A BROAD RANGE OF CONSEQUENCES OF TRAUMA FOR HEALTH TREATMENT INNOVATIONS INCLUDE ENHANCING EXISTING TREATMENTS EMERGING NON TRAUMA FOCUSED INTERVENTIONS NOVEL PHARMACOTHERAPY PERSONALIZED MEDICINE APPROACHES ADVANCING FUNCTIONAL OUTCOMES FAMILY INTERVENTION AND SUPPORT AND ATTENTION TO PHYSICAL HEALTH KEYWORDS PTSD PROJECTS AND PROGRAMS STS ISC ABOUT THE STS ISC THE STS ISC WILL DEVELOP AND TEST WORKFORCE DEVELOPMENT AND PROTECTION INTERVENTIONS FOR USE AT NCTSN CENTERS AND OTHER ORGANIZATIONS THAT SERVE THOSE WITH TRAUMATIC STRESS CONDITIONS THROUGHOUT THE COUNTRY THIS WILL BE ACCOMPLISHED VIA THE FOLLOWING ACTIVITIES

***TRAUMA TREATMENT THE NEED FOR ONGOING INNOVATION  
APA PSYCNET***

MAR 29 2024

RECEIVED MAY 3 2019 ACCEPTED MAY 3 2019 WHEN THE AMERICAN PSYCHOLOGICAL ASSOCIATION APA PUBLISHED ITS PRACTICE GUIDELINES FOR POSTTRAUMATIC STRESS DISORDER A NUMBER OF EMERGING AND INNOVATIVE APPROACHES TO TREATING TRAUMA SURVIVORS WERE NOT INCLUDED IN THE DOCUMENT

**STS ISC CENTER ON TRAUMA CHILDREN UNIVERSITY OF KENTUCKY**

FEB 28 2024

DEC 13 2023 THE SECONDARY TRAUMATIC STRESS INNOVATIONS AND SOLUTIONS CENTER STS ISC AT THE UNIVERSITY OF KENTUCKY CENTER ON TRAUMA AND CHILDREN IS NOW ACCEPTING FOR APPLICATIONS FOR THE SECONDARY TRAUMATIC STRESS BREAKTHROUGH SERIES COLLABORATIVE STS BSC

**ISTSS ISTSS**

JAN 27 2024

THE ISTSS 37TH ANNUAL MEETING SHOWCASED RECENT INNOVATIONS IN HOW WE CONCEPTUALIZE AND ADDRESS TRAUMATIC STRESS

***MEDICAL TRAUMATIC STRESS INNOVATIONS INVESTIGATIONS  
AND***

DEC 26 2023

RESULTS PMTS IS ASSOCIATED WITH EMOTIONAL AND BEHAVIORAL DYSREGULATION THAT CAN CAUSE FAMILY DISTRESS AND ULTIMATELY INTERFERE WITH RESILIENCE AND COPING PEDIATRIC PATIENTS AND THEIR CAREGIVERS BENE FIT FROM SUPPORT TO HELP THEM COPE WITH THE PMTS ASSOCIATED WITH CHRONIC ILLNESS

## TRAUMA RECOVERY RESILIENCE INNOVATIONS DEPARTMENT OF

Nov 25 2023

TRAUMA RECOVERY RESILIENCE INNOVATIONS TRI DEVELOPS TESTS AND SUPPORTS THE IMPLEMENTATION OF INTERVENTIONS TO PROMOTE MENTAL HEALTH AND WELLBEING FOLLOWING EXPOSURE TO TRAUMATIC AND STRESSFUL EVENTS LEADERSHIP KRISTEN LINDGREN PHD ABPP MICHELE BEDARD GILLIGAN PHD TRI WEBSITE MAIN CHALLENGE

## **ISTSS ISTSS**

OCT 24 2023

DESCRIBE NOVEL WAYS THAT TREATMENTS ARE BEING ADAPTED TO IMPROVE TARGETING OF SYMPTOMS AS WELL AS DECREASE BURDEN AND DIFFICULTIES ASSOCIATED WITH ACCESSING CARE DISCUSS THE LATEST INNOVATIONS IN MECHANISM RESEARCH AS A MEANS OF IMPROVING THE PRECISION OF PREVENTION AND INTERVENTION APPROACHES

## JOURNAL OF TRAUMATIC STRESS WILEY ONLINE LIBRARY

SEP 23 2023

JOURNAL OF TRAUMATIC STRESS IS AN INTERDISCIPLINARY FORUM FOR THE PUBLICATION OF PEER REVIEWED ORIGINAL PAPERS ON BIOPSYCHOSOCIAL ASPECTS OF TRAUMA PAPERS FOCUS ON THEORETICAL FORMULATIONS RESEARCH TREATMENT PREVENTION EDUCATION TRAINING AND LEGAL AND POLICY CONCERNS

## **MEDICAL TRAUMATIC STRESS INNOVATIONS INVESTIGATIONS AND**

AUG 22 2023

MEDICAL TRAUMATIC STRESS INNOVATIONS INVESTIGATIONS AND INTERVENTIONS IN THE SETTING OF CHRONIC ILLNESS OBJECTIVES FACTORS THAT SUPPORT THE EMOTIONAL WELL BEING OF CHILDREN WITH MEDICAL ILLNESS INCLUDE IDENTIFYING AND MITIGATING PEDIATRIC MEDICAL TRAUMATIC STRESS PMTS

## **INNOVATIONS IN TREATMENT OF POST TRAUMATIC STRESS**

## DISORDER PTSD

JUL 21 2023

THIS SPECIAL ISSUE OF THE APA JOURNAL PRACTICE INNOVATIONS VOL 4 NO 3 SEPTEMBER 2019 PUBLISHED JOINTLY WITH A COMPANION ISSUE IN PSYCHOTHERAPY FEATURES THE APA CLINICAL PRACTICE GUIDELINE FOR THE TREATMENT OF POSTTRAUMATIC STRESS DISORDER PTSD

## STAYING INSIDE THE WINDOW OF TOLERANCE CENTER ON TRAUMA

JUN 20 2023

THIS TRAINING IS BEING OFFERED BY THE UNIVERSITY OF KENTUCKY CENTER ON TRAUMA AND CHILDREN THROUGH THE SECONDARY TRAUMATIC STRESS INNOVATIONS AND SOLUTIONS CENTER WE WILL BE USING THE WINDOW OF TOLERANCE FRAMEWORK TO DISCUSS REGULATION DYSREGULATION AND AS A FRAME FOR REVIEWING COPING STRATEGIES IN THE FACE OF SECONDARY TRAUMATIC STRESS THE

## INNOVATIONS IN PRACTICE PRELIMINARY EVIDENCE FOR EFFECTIVE

MAY 19 2023

RESULTS AT THE 3 MONTH ASSESSMENT 90 OF TST PARTICIPANTS WERE STILL IN TREATMENT WHEREAS ONLY 10 OF CAU PARTICIPANTS REMAINED WITHIN GROUP ANALYSES OF TST PARTICIPANTS DEMONSTRATED SIGNIFICANT REDUCTIONS IN POSTTRAUMATIC STRESS AND AGGRESSION AS WELL AS A SLIGHT IMPROVEMENT IN HOME SAFETY

## ISTSS INTERNATIONAL SOCIETY FOR TRAUMATIC STRESS STUDIES

APR 18 2023

THE INTERNATIONAL SOCIETY FOR TRAUMATIC STRESS STUDIES IS DEDICATED TO SHARING INFORMATION ABOUT THE EFFECTS OF TRAUMA AND THE DISCOVERY AND DISSEMINATION OF KNOWLEDGE ABOUT POLICY PROGRAM AND SERVICE INITIATIVES THAT SEEK TO REDUCE TRAUMATIC STRESSORS AND THEIR IMMEDIATE AND LONG TERM CONSEQUENCES

## **SECONDARY TRAUMATIC STRESS CORE COMPETENCIES IN TRAUMA**

MAR 17 2023

TO HELP SUPERVISORS INCREASE THEIR KNOWLEDGE AND SKILLS IN STS INFORMED SUPERVISION THE SECONDARY TRAUMATIC STRESS INNOVATIONS AND SOLUTIONS CENTER STS ISC AT THE UNIVERSITY OF KENTUCKY FUNDED BY A GRANT FROM THE SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION DEVELOPED TRAINING MODULES FOR EACH OF THE NINE SECONDARY TRAUMATIC STR

## **ONLINE TRAINING STS CONSORTIUM**

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FEB 16 2023

THROUGH THE CONTENT IN THIS COURSE PARTICIPANTS WILL LEARN THE RISKS ASSOCIATED WITH WORKING WITH INDIVIDUALS SUFFERING WITH TRAUMATIC STRESS SYMPTOMS STRATEGIES TO REDUCE THE IMPACT OF SECONDARY TRAUMATIC STRESS STS AND HOW TO SUPPORT WELLNESS IN STAFF

## **POST TRAUMATIC STRESS DISORDER INSTITUTE OF MENTAL HEALTH**

JAN 15 2023

MEDICATION INFORMATION A PERSON EXPERIENCES TRAUMA WHEN AN UNEXPECTED AND OVERWHELMING LOSS OR LIFE THREATENING EVENT HAS HAPPENED TO THEM OR SOMEONE THEY CARE ABOUT TRAUMA CAN COME IN THE FORM OF A PHYSICAL TRAUMA LIKE ASSAULT OR INJURY OR A PSYCHOLOGICAL ONE LIKE SURVIVING ABUSE OR WAR

## **MILITARY PSYCHOLOGICAL HEALTH ENTERPRISE POST TRAUMATIC**

DEC 14 2022

RED CROSS MEDIC TRANSFORMING THE PSYCHOLOGICAL HEALTH SYSTEM OF CARE IN THE US MILITARY MIT S RESEARCH PROJECT MILITARY PSYCHOLOGICAL HEALTH ENTERPRISE POST TRAUMATIC STRESS INNOVATIONS PTSI BEGAN IN FEBRUARY 2012 AND RAN THROUGH JANUARY 2016

## TRAUMA PSYCHOLOGY TODAY SINGAPORE

Nov 13 2022

WHAT IS TRAUMA TRAUMA IS THE EXPERIENCE OF SEVERE PSYCHOLOGICAL DISTRESS FOLLOWING ANY TERRIBLE OR LIFE THREATENING EVENT SUFFERERS MAY DEVELOP EMOTIONAL DISTURBANCES SUCH AS EXTREME ANXIETY

## ISTSS ISTSS

OCT 12 2022

IDENTIFY INNOVATIVE AND SCALABLE APPROACHES TO EXAMINE IN WHICH EXPERIENCES OF TRAUMATIC STRESS CAN CONTRIBUTE TO ADVERSE MENTAL AND PHYSICAL HEALTH DISCUSS ADVANCES IN INNOVATIVE AND SCALABLE TRAUMA FOCUSED INTERVENTIONS THAT ADDRESS A BROAD RANGE OF CONSEQUENCES OF TRAUMA FOR HEALTH

## ***TREATMENT OF MILITARY RELATED POST TRAUMATIC STRESS DISORDER***

SEP 11 2022

TREATMENT INNOVATIONS INCLUDE ENHANCING EXISTING TREATMENTS EMERGING NON TRAUMA FOCUSED INTERVENTIONS NOVEL PHARMACOTHERAPY PERSONALIZED MEDICINE APPROACHES ADVANCING FUNCTIONAL OUTCOMES FAMILY INTERVENTION AND SUPPORT AND ATTENTION TO PHYSICAL HEALTH KEYWORDS PTSD

## **ABOUT THE STS ISC CENTER ON TRAUMA CHILDREN**

AUG 10 2022

PROJECTS AND PROGRAMS STS ISC ABOUT THE STS ISC THE STS ISC WILL DEVELOP AND TEST WORKFORCE DEVELOPMENT AND PROTECTION INTERVENTIONS FOR USE AT NCTSN CENTERS AND OTHER ORGANIZATIONS THAT SERVE THOSE WITH TRAUMATIC STRESS CONDITIONS THROUGHOUT THE COUNTRY THIS WILL BE ACCOMPLISHED VIA THE FOLLOWING ACTIVITIES

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