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Mar 29 2024

whether your goal is to win races or simply enjoy a fuller healthier lifestyle an fitness gear elliptical can help you attain it adding club quality performance to your at home workouts with the ergonomics and innovative features you need to get stronger and healthier faster

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at no time should children under the age of 12 or pets be closer to the elliptical than 10 feet at no time should children under the age of 12 use the elliptical children over the age of 12 should not use the elliptical without adult supervision it is essential that your elliptical is used only indoors in a climate controlled room

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