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the nervous system is a complex and wide reaching network of nerve cells called neurons their connections called synapses reach all areas of the body the nervous system receives and relays sensory information like vision sound smell taste touch and pain the nervous system is fragile

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overview what are nerves nerves are like cables that carry electrical impulses between your brain and the rest of your body these impulses help you feel sensations and move your muscles they also maintain certain autonomic functions like breathing sweating or digesting food nerve cells are also called neurons

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overview peripheral neuropathy happens when the nerves that are located outside of the brain and spinal cord peripheral nerves are damaged this condition often causes weakness numbness and pain usually in the hands and feet it also can affect other areas and body functions including digestion and urination

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the most frequently recommended treatment for a pinched nerve is rest for the affected area stop any activities that cause the compression or make symptoms worse depending on the location of the pinched nerve you may need a splint collar or brace to immobilize the area

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your nervous system is your body's command center it's made up of your brain spinal cord and nerves your nervous system works by sending messages or electrical signals between your brain and all the other parts of your body these signals tell you to breathe move speak and see for example

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various therapies and procedures might help with the symptoms of peripheral neuropathy scrambler therapy this treatment uses electrical impulses to send nonpain messages to the brain these messages replace the pain messages the nerves send to the brain the goal is to retrain the brain to think there is no pain

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by maggie o'Neill medically reviewed by jessica stern phd march 31 2023 la cassette bleue stock adobe we casually reference our nervous systems all the time it's highly likely that at

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1 14 people with nerve pain feel it in different ways for some it's a stabbing pain in the middle of the night for others symptoms can include a chronic prickling tingling or burning they

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1 acetyl l carnitine may help improve nerve function in people with neuropathy due to diabetes acetyl l carnitine alc is a popular supplement for treating a wide variety of symptoms the

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nerves are bundles of fibers covered by insulation similar to an electrical cable that send information from the brain to the spinal cord and then to the rest of your body and from your body back to the spinal cord and brain nerves can be damaged in an injury

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the nerves react to their distress by sending signals that cause an unpleasant even painful tingling sensation but it s a temporary situation the pins and needles go away after we change position so blood vessels open up and the pressure is off the nerve unless you suffer from peripheral neuropathy

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