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an acquired skill that requires focus patience and daily
practice good listening skills can be more valuable effective
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predicting content imagine you ve just turned on your tv you
see a man in a suit standing in front of a large map with the
symbols of a sun clouds and thunder what do you imagine he is
about to tell you most likely this is going to be a weather
forecast you can expect to hear words like sunny windy and
overcast 1 focus on the intent and purpose of the
conversation active listening begins with an intent to be
conscious and receptive to the other person including the
intent and purpose of the conversation in order to truly
understand and empathize with them incorporating mindfulness
into active listening means that the speaker has your full
attention indeed editorial team updated 17 april 2024
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succeeding in the workplace effective listening can help you
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and develop new skills stage 1 receiving stage 2
understanding stage 3 remembering stage 4 evaluating stage 5
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