

# Free download 7 habits of happy kids habit 1

## be proactive Full PDF

habit 1 be proactive is about taking responsibility for your life proactive people recognize that they are response able they don t blame circumstances conditions or conditioning for their behavior they know they can choose their behavior habit 1 be proactive is a practice that takes discipline determination and accountability habit 1 will help you work through and apply all 7 habits to be highly effective and learn how to be proactive in all areas of your life and decision making key takeaways of habit 1 being proactive means taking charge of your doings instead of waiting for others to let you know what needs to be done proactive people focus on taking action toward solving the problem instead of relying on suggestions from others habit 1 be proactive is the first of the first 3 foundational habits these habits focus on self improvement it involves a simple paradigm shift and enlightens you to see the world positively and how you respond to circumstances that present themselves to you habit 1 be proactive is about taking responsibility for your life you can t keep blaming everything on your parents or grandparents proactive people recognize that they are habit 1 be proactive means more than taking initiative it means we are responsible for our own lives our behavior is a function of our decisions not our conditions response ability is the ability to choose your response highly proactive people do not blame circumstances conditions or conditioning for their behavior habit 1 be proactive is about taking responsibility for your life proactive people recognise that they are response able they don t blame circumstances conditions or conditioning for their behaviour they know they can choose their behaviour reactive people on the other hand are often affected by their physical environment 1 habit 1 be proactive focus and act on what you can control and influence instead of what you can t learn more 2 habit 2 begin with the end in mind define clear measures of success and a plan to achieve them learn more 3 habit 3 put first things first the 7 habits of highly effective people habit 1 be proactive is about taking responsibility for your life how to be proactive focus on what you can control and let go of

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