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friendship as understood here is a distinctively personal relationship that is grounded in a concern on the part of each friend for the welfare of the other for the other s sake and that involves some degree of intimacy

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friendship is a relationship of mutual affection between people it is a stronger form of interpersonal bond than an acquaintance or an association such as a classmate neighbor coworker or colleague

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1 reflect and write down the good before you face a difficult conversation with a friend pause and reflect think of a specific moment that this friendship has brought you joy or excitement

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friendship a voluntary relationship between two or more people that is relatively long lasting and in which those involved tend to be concerned with meeting the others needs and interests as well as satisfying their own desires friendships frequently develop through shared experiences in which the people involved learn that their

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1 best friends a best friend is someone whose friendship we consider the strongest most intimate or most important to us among all our other types of friends

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good friends are good for your health friends can help you celebrate good times and provide support during bad times friends prevent isolation and loneliness and give you a chance to offer needed companionship too friends can also increase your sense of belonging and purpose boost your happiness and reduce your stress

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