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in a word no there is no divine creator god or supreme being in the buddhist teachings so that buddhism is often called a nontheistic religion the historical buddha began as an ordinary person who gained awakening by training his own mind and apprehending the true nature of reality buddhism religion and philosophy that developed from the doctrines of the buddha a teacher who lived in northern india between the mid 6th and mid 4th centuries bce buddhism has played a central role in the spiritual cultural and social life of asia and beginning in the 20th century it spread to the west buddhists believe that the human life is one of suffering and that meditation spiritual and physical labor and good behavior are the ways to achieve enlightenment or nirvana buddhism is one of the world s largest religions and originated 2 500 years ago in india buddhism is a religion based on the teachings of siddhartha gautama who was born in the fifth century b c in what is now nepal and northern india he came to be called the buddha which means awakened one after he experienced a profound realization of the nature of life death and existence what do buddhists believe kampee patisena getty images by barbara o brien updated on march 04 2019 beginners to buddhism are handed lists of doctrines the four noble truths the five skandhas the eightfold path one is told to understand the teachings and practice them buddhists often meditate because they believe it helps awaken truth there are many philosophies and interpretations within buddhism making it a tolerant and evolving religion some scholars buddhism is based on the four noble truths which are considered to be the foundation of buddhist beliefs the four noble truths were first taught by the buddha siddhartha gautama over 2 500 years ago they are the truth of suffering dukkha the truth of the cause of suffering samudaya the truth of the end of suffering nirodha buddhism ' b ɒ d ɪ z ə m buud ih zəm us also ' b u: d bood also known as buddha dharma and dharmavinaya is an indian religion and philosophical tradition based on teachings attributed to the buddha there is no belief in a personal god it is not centred on the relationship between humanity and god buddhists believe that nothing is fixed or permanent change is always possible the two what do buddhists believe while there are many important differences among buddhists across time and space the core of buddhist belief can be found in the teachings of the buddha s first sermon which have come to be known as the four noble truths the first noble truth the truth of suffering four noble truths human life has a lot of suffering the cause of suffering is greed there is an end to suffering the way to end suffering is to follow the middle path buddha then taught people not to worship him as a god he said they should take responsibility for their own lives and actions save to my bitesize remove from my bitesize buddhism started in india over 2 500 years ago buddhists follow the teachings of a man called siddhattha gotama he became known as the buddha although founded without belief in a higher power some buddhists now worship buddha as a god and believe in his four noble truths in addition to these four noble truths and the noble eightfold path buddhists adhere to the moral code of the five precepts abstain from harming living beings abstain from stealing by dr alex g smith how do buddhists view their world the basis of buddhism is monism the unity of the nature of all things like everything else humans are seen as ever changing impermanent parts of one big whole the whole is important not individual elements no personal transcendent god of creation exists in buddhism buddhists believe in reincarnation if you define reincarnation as the transmigration of a soul into a new body after the old body dies then no the buddha did not teach a doctrine of reincarnation buddhists worship at temples or monasteries where they meditate and pray some also set up shrines at home to worship privately buddhists offer fresh flowers lights and lamps or burn fragrant incense at shrines with images of the buddha these acts pay respect to the buddha and make merit for the devotee buddhists believe that the world was not created once upon a time but that the world has been created millions of times every second and will continue to do so by itself and will break away by itself according to buddhism world systems always appear and disappear in the universe

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