

# Epub free Handbook of psychotherapy in cancer care (2023)

Handbook of Psychotherapy in Cancer Care Group Therapy For Cancer Patients: A Research-based Handbook Of Psychosocial Care The Psychotherapeutic Treatment of Cancer Patients Psychotherapeutic Treatment of Cancer Patients Individual Meaning-Centered Psychotherapy for Patients with Advanced Cancer Meaning-Centered Group Psychotherapy for Patients with Advanced Cancer Psychotherapy and the Treatment of Cancer Patients Psychological Care for Cancer Patients Meaning-Centered Psychotherapy in the Cancer Setting Art Therapy And Cancer Care Psycho-Oncology Cognitive Behaviour Therapy for People with Cancer Psychological Therapy for Patients with Cancer Facing Cancer and the Fear of Death Meaning-Centered Psychotherapy for Cancer Caregivers Cancer Genetics and Psychotherapy Oxford Guide to CBT for People with Cancer Group Therapy For Cancer Patients: A Research-based Handbook Of Psychosocial Care Positive psychology and psychotherapy: How do they influence the treatment of cancer? Group Psychotherapy for Women with Breast Cancer Managing Cancer and Living Meaningfully Cancer and Emotion Promoting a Fighting Spirit Meeting Psychosocial Needs of Women with Breast Cancer Meaning-centered Group Psychotherapy for Patients with Advanced Cancer The Application of Problem-Solving Therapy to Psychosocial Oncology Care Clinical Psycho-Oncology Psychosocial Care of the Adult Cancer Patient Psychological Treatment of Patients with Cancer Psychological Treatment of Cancer Patients Coping with Cancer Breast Cancer Promoting a Fighting Spirit The Topic of Cancer Psychological Aspects of Early Breast Cancer Brief Cognitive Behavior Therapy for Cancer Patients How to Talk with Family Caregivers About Cancer Finding Your Way through Cancer Coping with Breast Cancer Geriatric Psycho-Oncology

## Handbook of Psychotherapy in Cancer Care

2011-05-03

this new book by international experts in psycho oncology has arisen from the teaching academies offered by the international psycho oncology society it distills the wisdom and experience from the training manuals dedicated to individual psychological therapies and combines them into an accessible handbook for clinicians in cancer care today the editors have brought together leading researchers and therapists who provide accounts of the prominent models of psychotherapy currently being used in cancer care the key themes they address and the essential techniques needed to apply each approach successfully helpful clinical illustrations are woven throughout the book to make overt the strategies found in each model provides practical guidance about how to deliver a range of individual group couple and family interventions that have proven utility in cancer care describes comprehensively each model of psychotherapy as taught by experts delivering the international psycho oncology society s educational academy on cancer care for patients and their families features practical suggestions on therapy delivery from the world s leading proponents of each therapy serves as a valuable tool to assist teaching and to facilitate research into psychological interventions in oncology palliative care and bereavement functions as a readily accessible resource for clinicians struggling to support someone effectively through its provision of insight into the common challenges and traps that arise when providing patients with emotional support this practical handbook will help not only psychiatrists psychologists and social workers but also physicians surgeons general practitioners and nurses interested in better understanding and supporting the patients and families they care for

## Group Therapy For Cancer Patients: A Research-based Handbook Of Psychosocial Care

2008-08-01

this extraordinary resource celebrates and expands on dr david spiegel s discovery that a shared intimacy with mortality creates very different concerns in the patient from those that apply in conventional settings spiegel and classen introduce mental health professionals to the awareness as well as the tools they will need to facilitate groups coping with existential crises the result is a model for helping that actually helps

## The Psychotherapeutic Treatment of Cancer Patients

1990-01-01

when this book first appeared in 1981 it was the first to deal comprehensively with major issues in the psychotherapeutic treatment of cancer patients it remains the standard volume in the field drawing together a broad spectrum of work using psychological approaches to treatment of cancer patients and to understanding the disease s sociological and psychological implications distinguished contributors from medicine psychiatry psychoanalysis psychology social work family and group therapy and nursing examine key issues including the role of aggression in the onset and treatment of cancer sexual functioning of patients cancer as an emotionally regressive experience cancer in children and the countertransference responses of a therapist working with a cancer patient this volume will be of particular value to helping professionals who deal with cancer patients and their families

## Psychotherapeutic Treatment of Cancer Patients

2018-03-15

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## Individual Meaning-Centered Psychotherapy for Patients with Advanced Cancer

2014

meaning centered psychotherapy mcp for advanced cancer patients is a highly effective intervention for advanced cancer patients developed and tested in randomized controlled trials by breitbart and colleagues at memorial sloan kettering cancer center this treatment manual for individual therapy provides clinicians in the oncology and palliative care settings a highly effective brief structured intervention shown to be effective in helping patients sustain meaning hope and quality of life

## *Meaning-Centered Group Psychotherapy for Patients with Advanced Cancer*

2014-08-07

the importance of spiritual well being and the role of meaning in moderating depression hopelessness and desire for death in terminally ill cancer and aids patients has been well supported by research and has led many palliative clinicians to look beyond the role of antidepressant treatment in this population clinicians are focusing on the development of non pharmacologic interventions that can address issues such as hopelessness loss of meaning and spiritual well being in patients with advanced cancer at the end of life this effort led to an exploration and analysis of the work of viktor frankl and his concepts of logotherapy or meaning based psychotherapy while frankl's logotherapy was not designed for the treatment of patients with life threatening illnesses his concepts of meaning and spirituality have inspired applications in psychotherapeutic work with advanced cancer patients many of whom seek guidance and help in dealing with issues of sustaining meaning hope and understanding cancer and impending death in the context of their lives individual meaning centered group psychotherapy imcp an intervention developed and rigorously tested by the department of psychiatry behavioral sciences at memorial sloan kettering cancer center is a seven week program that utilizes a mixture of didactics discussion and experiential exercises that focus around particular themes related to meaning and advanced cancer patients are assigned readings and homework that are specific to each session's theme and which are utilized in each session while the focus of each session is on issues of meaning and purpose in life in the face of advanced cancer and a limited prognosis elements of support and expression of emotion are inevitable in the context of each group session the structured intervention presented in this manual can be provided by a wide array of clinical disciplines ranging from chaplains nurses palliative care physicians to counselors psychotherapists social workers graduate psychology students psychologists and psychiatrists

## Psychotherapy and the Treatment of Cancer Patients

2013-04-03

psychotherapy and the treatment of cancer patients addresses the need for a more integrated care of cancer patients within hospitals which pays attention to the mental anguish as well as physical distress caused by the disease this book is based on lawrence goldie s own research with cancer patients which has shown that psychoanalytic psychotherapy together with general medical care can significantly help dying patients cope with the pain and suffering associated with the disease drawing on this research the book advocates a more holistic approach to the cancer patient and suggests ways in which more expert attention might be provided through awareness training and resources the book describes the innovative approach of applying the psychoanalytic psychotherapeutic approach within the hospital context to help individuals cope with cancer as well as an overview of cancer and the therapeutic approach topics covered include the impact of cancer on hospital relationships cancer in different areas of the body and mind mind bending pain dread and trauma on being told the truth psychoanalytic psychotherapy in the nhs general hospital examining group processes in hospital psychotherapy and the treatment of cancer patients challenges the existing orthodoxies about palliative care and points to ways in which the principles and methods of psychoanalysis can be applied successfully to cancer care within the hospital context

## Psychological Care for Cancer Patients

2022

psychological care for cancer patients new perspectives on training health professionals is an innovative work in psychosocial oncology which examines the role of creative expression in the psychological treatment of cancer patients after having spent five decades in this field domenico arturo nesci has become a proponent of treatment that values patients as creatives and valiant fighters rather than objects of an ambivalent compassion this book analyzes this intersection of psychology the humanities medicine and social work through scholarship conceived to help all people whose lives are crossed by cancer patients relatives caregivers health professionals and students

## Meaning-Centered Psychotherapy in the Cancer Setting

2017

meaning centered psychotherapy in the cancer setting provides a theoretical context for meaning centered psychotherapy mcp a non pharmacologic intervention which has been shown to enhance meaning and spiritual well being increase hope improve quality of life and significantly decrease depression anxiety desire for hastened death and symptom burden distress in the cancer setting based on the work of viktor frankl and his concept of logotherapy mcp is an innovative intervention for clinicians practicing in fields of psycho oncology palliative care bereavement and cancer survivorship this volume supplements two treatment manuals meaning centered group psychotherapy mcgp for patients with advanced cancer and individual meaning centered psychotherapy imcp for patients with advanced cancer by dr breitbart which offer a step wise outline to conducting a specific set of therapy sessions in addition to providing a theoretical background on the mcp techniques provided in the treatment manuals this volume contains chapters on adapting mcp for different cancer related populations and for different purposes and clinical problems including interventions for cancer survivors caregivers of cancer patients adolescents and young adults with cancer as a bereavement intervention and cultural and linguistic applications in languages such as mandarin spanish and hebrew

## Art Therapy And Cancer Care

2005-07-01

inspired by the experiences of art therapists who have pioneered work with people with cancer this text looks at the work in its institutional context demonstrating the importance for the art therapy service of being understood supported and valued at managerial level

## Psycho-Oncology

2017-09-18

this book examines in detail the psychosocial impacts of cancer and its management explaining the relevance of psycho oncology during all stages from diagnosis and treatment through to cancer survivorship and rehabilitation and end of life care this new edition has been revised throughout to reflect the latest knowledge and places particular emphasis on patients perspectives and what professionals can learn from patients readers will find information on a variety of psycho oncological interventions and detailed attention is paid to quality of life and patient reported outcomes as key benchmarks for successful coping and to the fear of progression during and after therapy entirely new chapters focus on the psychological impact of individualized therapies in oncology communication skills training medical risk communication and current research approaches in psycho oncology written by leading experts in the field the book will serve as a valuable resource for all health care professionals who work with patients and their relatives in the field of psychosocial cancer care and oncology

## *Cognitive Behaviour Therapy for People with Cancer*

2002

cognitive behaviour therapy cbt has established itself as the psychological treatment of choice for many conditions it offers a brief convincing common sense approach to the emotional problems faced by people with cancer and there is considerable evidence for its effectiveness since the first edition of this book in 1989 published as psychological therapy for patients with cancer there have been many developments in cognitive therapy and psycho oncology which have been incorporated in the new edition the current evidence for the effect of psychological state on survival and the efficacy of cbt in cancer is reviewed using a cognitive behavioural model to understand reactions to cancer the authors present cognitive behavioural emotional and interpersonal interventions to help people adjust to the threat to their life and their view of themselves case examples illustrate how these techniques are used to reduce anxiety and depression induce a fighting spirit teach effective coping skills and develop open communication between patients and their partners mental health professionals working in oncology and health care professionals interested in psychological management will find this a useful source for psychological techniques that can be applied in a busy clinical setting also published by oxford university press science and practice of cognitive behaviour therapy edited by david clark and christopher fairburn cognitive behaviour therapy for psychiatric problems edited by keith hawton paul salkovskis joan kirk and david clark

## ***Psychological Therapy for Patients with Cancer***

1989

in facing cancer and the fear of death a psychoanalytic perspective on treatment dr norman straker proposes that death anxiety is responsible for the american society s failure to address costly futile care at the end of life more specifically doctors default on the appropriate prescription of palliative care because of this anxiety this leads to unnecessary suffering for terminally ill patients and their families and significant distress for physicians to address these challenges in the culture of medical education increased psychological support for physicians who treat dying patients is necessary additionally physicians need to reach a consensus regarding the discontinuation of active treatments psychoanalysts have traditionally denied the importance of death anxiety and report relatively few treatment cases of dying patients in their literature this book offers multiple treatment reports by psychoanalysts that illustrate the effectiveness and value of a flexible approach to patients facing death the psychoanalytic reader is expected to gain a greater level of comfort with facing death and is encouraged to consider making themselves more available to the ever increasing population of cancer survivors further psychoanalysts are encouraged to be more useful partners to the oncologists that are burdened by the irrational feelings of all parties

## **Facing Cancer and the Fear of Death**

2013

meaning centered psychotherapy for cancer caregivers provides an overview of the therapy treatment developed by the book s authors to comprehensively address the existential distress and suffering in caregivers over the course of seven sessions and a series of didactic and experiential exercises caregivers are guided to explore sources of meaning in life to cope with the challenges they face and live full lives

## ***Meaning-Centered Psychotherapy for Cancer Caregivers***

2024-03-08

the aim of this book is to provide the readers with the most comprehensive and latest accounts of research and development in this field by emphasizing on the manner of relation between doctors and cancer patients in direction of improving the patients style of life this book partly will deal with psychotherapy by considering cancer patients benefits hazards and also social impacts including life style the social supports as the key and influential paradigms will be challenged as a comparative insight by considering the global unity in order to provide a reasonable model to improve the interaction between cancer and psychological nest in this book the real stories of cancer patient will be also provided the initial insight of sections includes 1 brief classifications and key points of clinical and histopatological aspects of each organ 2 brief view of genetic alterations in each organ 3 therapeutic aspects 4 brief classifications and key points of psychology in cancer 5 the interactions of clinical aspects with psychological field

## **Cancer Genetics and Psychotherapy**

2017-09-20

rev ed of cognitive behaviour therapy for people with cancer stirling moorey and steven greer 2002

## **Oxford Guide to CBT for People with Cancer**

2011-11-24

this extraordinary resource celebrates and expands on dr david spiegel s discovery that a shared intimacy with mortality creates very different concerns in the patient from those that apply in conventional settings spiegel and classen introduce mental health professionals to the awareness as well as the tools they will need to facilitate groups coping with existential crises the result is a model for helping that actually helps

## **Group Therapy For Cancer Patients: A Research-based Handbook Of Psychosocial Care**

2000-01-07

seminar paper from the year 2013 in the subject psychology clinic and health psychology abnormal psychology grade 8 university of groningen language english abstract that a positive attitude and psychological support can promote the therapy of cancer and even encourage the cure is a widely held view in this paper the capabilities and limitations of positive psychology and psychotherapy will be discussed with the aid of two studies the first one has laid the foundation for this research area and the second study replicated the latter using a more appropriate methodology it will be shown that some assumptions made in recent decades are not more than parts of a myth which is progressively dissolved by high quality studies

## ***Positive psychology and psychotherapy: How do they influence the treatment of cancer?***

2013-08-26

containing information about the group therapy process this title discusses the various experiences of breast cancer patients and supplies tools that both relatively new and seasoned therapists can rely upon when beginning new groups while providing a clinical framework for health professionals who wish to offer group psychosocial support to breast cancer patients the manual trains therapists to help group members adjust to the diagnosis of breast cancer cope with treatment and adjust to living with cancer through considering its impact on their lives used in concert with its companion book for group participants the breast cancer notebook the healing power of reflection this clinician s guide offers a set of useful tools to help therapists create powerfully healing environments

## **Group Psychotherapy for Women with Breast Cancer**

2003

managing cancer and living meaningfully provides valuable insight into the experience of patients and families living with advanced cancer and describes a novel psychotherapeutic approach to help them live meaningfully while also facing the threat of mortality managing cancer and living meaningfully also known by the acronym calm is a brief supportive expressive intervention that can be delivered by a wide range of trained healthcare providers as part of cancer care or early palliative care the authors provide an overview of the clinical experience and research that led to the development of calm a clear

description of the intervention and a manualized guide to aid in its delivery situated in the context of early palliative care this text is destined to become essential reading for healthcare professionals engaged in providing psychological support to patients and their families who face the practical and profound problems of advanced disease

## **Managing Cancer and Living Meaningfully**

2021-04-27

cancer and emotion a practical guide to psycho oncology third edition jennifer barracough consultant in psychological medicine oxford radcliffe nhs trust oxford uk emotional aspects of cancer affect patients their partners and families and the staff providing care most of those involved experience emotional distress some develop severe anxiety depression or other psychiatric syndromes whether emotional factors influence the medical prognosis of cancer remains uncertain but there is no doubt that emotional aspects of this disease are central to patients quality of life many of the common problems can be prevented or treated effectively provided their importance is recognised cancer and emotion is a descriptive introduction to adult psycho oncology primarily written for healthcare professionals in oncology palliative care general practice and mental health it will also appeal to interested lay readers including patients this third edition has been updated throughout with expanded coverage of some topical issues including psychological aspects of cancer pain holistic approaches to cancer and organisation of a psycho oncology service the book also contains numerous personal accounts written by patients themselves

## ***Cancer and Emotion***

1999-01-26

in meeting psychosocial needs of women with breast cancer the national cancer policy board of the institute of medicine examines the psychosocial consequences of the cancer experience the book focuses specifically on breast cancer in women because this group has the largest survivor population over 2 million and this disease is the most extensively studied cancer from the standpoint of psychosocial effects the book characterizes the psychosocial consequences of a diagnosis of breast cancer describes psychosocial services and how they are delivered and evaluates their effectiveness it assesses the status of professional education and training and applied clinical and health services research and proposes policies to improve the quality of care and quality of life for women with breast cancer and their families because cancer of the breast is likely a good model for cancer at other sites recommendations for this cancer should be applicable to the psychosocial care provided generally to individuals with cancer for breast cancer and indeed probably for any cancer the report finds that psychosocial services can provide significant benefits in quality of life and success in coping with serious and life threatening disease for patients and their families

## **Promoting a Fighting Spirit**

1996-09-01

teach effective problem solving programs for nonprofessional cancer patient caregivers who have a limited knowledge of the disease family caregivers are often uninformed about what they should do with family members with cancer they are unskilled in carrying out caregiver duties and are emotionally involved as well the application to problem solving therapy to psychosocial oncology care will help novices and expert professionals in the areas of

nursing social work psychology ministry and cancer support programs learn how to introduce problem solving concepts that can benefit cancer patients and families in counseling sessions formal education programs or in everyday clinical practice this book covers examples and strategies that you can teach to adult and child cancer patients and their adult family caregivers to help improve the quality of lives for everyone involved from the application to problem solving therapy to psychosocial oncology you will discover innovative programs that you can implement with little knowledge of the disease itself to assist individuals in all aspects of the care process some of the researched suggestions and methods that will assist you in the care process include teaching family caregivers problem solving therapy to manage stress and fatigue in groups and via voice mail for caregivers with limited time to spend in classes understanding how cancer patients and families can use problem solving principals to relieve cancer pain with the cope model learning maternal problem solving therapy in pediatric care using online information and support resources such as copeline and the chess program in the application to problem solving therapy to psychosocial oncology you will also discover information on a multitude of online and hands on support programs that you can implement to assist family caregivers of cancer patients each program focuses on problem solving skills to help overcome the obstacles of caregiving giving you relevant and effective strategies for alleviating stress and creating more positive outlooks for cancer patients and their caregivers

## Meeting Psychosocial Needs of Women with Breast Cancer

2004-03-12

the level of psychological distress and the ability to adjust to a diagnosis of cancer are highly variable medical factors psychological factors prior to diagnosis and social factors account for this variability by understanding these variables the clinician can better assess and manage the distress caused by the diagnosis and provide the most appropriate medical treatment or psychological intervention this practical handbook will address the principal behavioural and psychological problems associated with cancer where appropriate it adopts a broader multicultural perspective in line with the aim of the world psychiatric association and the federation of psycho oncology societies the main aims of the book are to present the significant and challenging clinical problems encountered when caring for cancer patients and their families including assessment diagnosis and treatment to describe the best responses to these challenges summarizing the evidence base and digesting clinical experience where evidence from clinical trials is lacking to discuss the emerging themes in psycho oncology such as genetic counselling bioethics cultural issues and cultural diversity to provide practical suggestions for dealing with special populations such as children the elderly long term survivors or mentally ill patients the book is designed to be easy to read and to reference with information clearly displayed in concise tables and boxes accompanied by further detail within the text chapters feature clinical vignettes including management algorithms key points suggested further reading the editors aim to provide an indispensable tool for junior doctors in training in either psychiatry psychology or oncology general practitioners community psychiatric nurses palliative care physicians and other members of the multidisciplinary team with a foreword by the pioneer in psycho oncology professor jimmie holland

## Meaning-centered Group Psychotherapy for Patients with Advanced Cancer

2015

increasing efficacy of biomedical treatments for cancer means that more and more people are living longer with the disease the five year relative survival rate for all cancers has increased considerably in the last three decades with some survivors living for many years and thus facing increasingly complex psychosocial issues as a result the mental health subspecialty of psycho oncology is growing and is responding to the many calls for increased availability of psychological services for cancer patients psychosocial care of the adult cancer patient introduces psychologists and other mental health professionals to the field of psycho oncology educates them about evidence based interventions for individuals groups couples and families and describes

how to successfully collaborate with oncologists and other cancer care professionals introductory in nature and providing ready access to a range of evidence based interventions this book briefs the reader on the field of psycho oncology and the basics of cancer explains screening and assessment for psychosocial distress details the principles of evidence based interventions and concludes with case examples that illustrate the evidence based practice competencies ask access appraise translate integrate and evaluate in a unique writing style the case examples reveal the decision making process of an experienced clinician doing evidence based practice practical strategies for addressing the psychological needs of cancer patients and their families are offered in an easy to use quick reference format key points are highlighted and enhanced through the use of tables and figures designed to summarize and emphasize important information this book will be of value to clinical and counseling psychologists and other mental health professionals as well as graduate students in psychology social work mental health counseling oncology nursing and other cancer care professions

## **The Application of Problem-Solving Therapy to Psychosocial Oncology Care**

1999-07-08

this succinct but comprehensive guide to psycho oncological practice describes a range of psychological interventions aimed at helping patients cope with cancer treatment

## **Clinical Psycho-Oncology**

2012-05-18

a cancer diagnosis can lead to what feel like impossible questions how can a person face the fear sadness and anger without being paralyzed by them is it possible to hold on to hope without being in denial what is the best way to get needed support this compassionate book presents dialectical behavior therapy dbt a proven psychological intervention that marsha m linehan developed specifically for the impossible situations of life and which she and elizabeth cohn stuntz now apply to the unique challenges of cancer for the first time readers learn powerful skills for making difficult treatment decisions managing overwhelming emotions speaking up for their needs tolerating distress and living meaningfully even during the darkest days every chapter blends professional expertise personal stories and the collective wisdom of other cancer patients and survivors

## **Psychosocial Care of the Adult Cancer Patient**

2015-09

this manual is designed to educate and involve therapists and counsellors in the psychological treatment of patients and their families it addresses the emotional responses of breast cancer patients their families and caretakers as well as psychological factors that may influence mortality

## **Psychological Treatment of Patients with Cancer**

2017-09

this book focuses on our emotional responses to cancer by offering a range of perspectives psychoanalytic medical spiritual and religious as well as

literary once suppressed akin to a taboo the topic of cancer is now very much in the public consciousness the prevalence of the disease and well publicised medical advances in its treatment demand it topic of cancer begins with freud s cancer widely known of but rarely understood in its historic and analytic context psychotherapeutic reflections are then offered on our understanding of the adult and adolescent with cancer and the challenges of sustaining a thoughtful presence in the face of the trauma experienced when a child is diagnosed with cancer and during treatment the dilemmas and challenges faced by today s psychotherapist with cancer are explored next and for the first time in cancer literature an account of the emotional demands on nurses involved in sensitive intimate care with an increasing number of people living longer with cancer survivorship and palliative care are the focus of the chapters that follow

## Psychological Treatment of Cancer Patients

1992

physical illness cannot be effectively treated other than in the context of the psychological factors with which it is associated the body may have the disease but it is the patient who is ill research psychologists from a number of different backgrounds have in the past few decades turned increasingly to the study of physical illness and there is now an extensive literature on preventive behaviors the role of stress in the etiology of illness the patient s reactions to illness and its treatment and the physician patient relationship at the same time practicing clinical psychologists have extended their concern beyond the treatment of specifically psychiatric disorders to include also the psychological care of people experiencing distress through illness or injury traditionally these patients have tended to fall through the net unless their distress is so great that it assumes the proportion of a psychiatric disorder that can then be treated in its own right because the physical disorder is the primary one its existence has detracted from the salience of the very real emotional disturbance to which it can give rise moreover emotional reactions in this setting being the norm seems to have been regarded as not meriting special attention and care this situation is changing and it is not just psychologists or psychiatrists who are responsible for the shift in attitudes within general medicine itself there is now a renewed emphasis on the care of the whole patient and not just the disease

## *Coping with Cancer*

2021-02-05

brief cognitive behavior therapy for cancer patients is a practical clinical guide that allows for the integration of techniques from multiple newer cbt models organized around a clear conceptual foundation and case conceptualization the book targets those cognitive emotional and behavioral processes that research suggests are instrumental in the maintenance of human psychological suffering author scott temple also draws on newer models that build on strengths and resilience and brings clinical work to life through vivid case examples worksheets and case conceptualization forms detailed vignettes show clinicians how to create a case conceptualization as a guide to treatment as well as how to integrate beckian and newer cbt techniques

## Breast Cancer

1997

cancer affects not only the patient but all their loved ones as well this book will guide professionals on issues critical to effectively and compassionately counseling caregivers and other family members from dealing with their feelings of grief and despair and realistically fostering hope to

helping them provide emotional and practical support to the patient during the illness and treatment

## **Promoting a Fighting Spirit**

1996-01-01

cancer psychologist andrew kneier has devoted his career to helping patients master the many challenges and dilemmas that come with a cancer diagnosis from his work with thousands of people in therapy sessions and cancer support groups dr kneier has distilled the most common questions and concerns into ten free standing essays that will help you work through whichever issues are most relevant to you including family matters cancer as a gift learning from your emotions five existential dilemmas mastering anxiety cancer and your life story dr kneier has developed innovative ways of thinking and coping that have helped his clients and their families come to terms with personal issues and face them head on whether you re gathering the courage to communicate honestly with your significant other or children or having trouble determining what your prognosis actually means for you dr kneier will guide you through the questions and answers that have helped thousands of others who have also navigated this challenging journey

## **The Topic of Cancer**

2018-05-01

this couples focused group program aims to improve a couple s functioning as a team and provides a supportive environment for couples facing similar breast cancer related issues over the course of six sessions couples learn support and communication skills as well as techniques to manage stress and enhance intimacy modelling by group leaders and other couples facilitates skill acquisition with continued use the skills learned in group can have long term benefits for couples

## **Psychological Aspects of Early Breast Cancer**

2013-03-07

geriatric psycho oncology is a comprehensive handbook that provides best practice models for the management of psychological cognitive and social outcomes of older adults living with cancer and their families chapters cover a wide range of topics including screening tools and interventions psychiatric emergencies and disorders physical symptom management communication issues and issues specific to common cancer sites a resource section is appended to provide information on national services and programs this book features contributions from experts designed to help clinicians review anticipate and respond to emotional issues that often arise in the context of treating older cancer patients numerous cross references and succinct tables and figures make this concise reference easy to use geriatric psycho oncology is an ideal resource for helping oncologists and nurses recognize when it may be best to refer patients to their mental health colleagues and for those who are establishing or adding psychosocial components to existing clinics

## **Brief Cognitive Behavior Therapy for Cancer Patients**

2017-02-03

## ***How to Talk with Family Caregivers About Cancer***

2010-03-01

## **Finding Your Way through Cancer**

2010-08-24

## **Coping with Breast Cancer**

2008-03-14

## ***Geriatric Psycho-Oncology***

2015-02-11

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