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the japanese famous sports doctor who is a specialist in fighting sports dr futaesaku by through his own experience and supporting various kinds of fighters including ufc fighter k1 champion karate world champion taking long years research and experiment finally he reached the principle of human body mind and evidence of strength

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grandmaster he young kimm is the founder of hanmudo he has over 45 years of studies and research in traditional and modern korean martial arts he has studied under the founder of hapkido grandmaster ji han jae and achieved 9th dan black belt in hapkido he also studied kuk sul under the founder grandmaster suh in hyuk and received 8th dan

425th fighter squadron wikipedia

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the 425th fighter squadron is part of the 56th operations group at luke air force base arizona it operates the general dynamics f 16 fighting falcon aircraft conducting advanced fighter training for republic of singapore air force f 16 pilots the unit was originally formed as the 425th night fighter squadron in 1943

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martial arts are a form of self defence that use techniques such as kicks punches throws holds locks and chokes to subdue an opponent there are many different types of martial arts each with its own unique set of moves in fighter fitness we offer various martial arts like muay thai boxing krav maga mma and wing chun

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