

# Download free Doing good better how effective altruism can help you help others do work that matters and make smarter choices about giving back (PDF)

Doing Good Better Doing Good Better Doing Good Better The Most Good You Can Do  
Effective Altruism The Life You Can Save The Effective Altruism Handbook Moral Uncertainty  
Effective Altruism and the Human Mind Effective Altruism What We Owe The Future Effective  
Altruism and Religion Strangers Drowning The Rules of Rescue Being Good in a World of  
Need The Scout Mindset Effective Altruism 10th Anniversary Edition The Life You Can Save  
Waking Up Being Good in a World of Need The Divide: Global Inequality from Conquest to  
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Studies

Doing Good Better 2015-08-04 a radical reassessment of how we can most effectively help others by a rising star of philosophy and leading social entrepreneur a surprising and often counterintuitive look at the best ways to make a difference macaskill is that rarest of beasts a do gooder who uses his head more than his heart sunday times most of us want to make a difference we donate to charity buy fairtrade coffee or try to cut down on our carbon emissions rarely do we know if we re really helping and despite our best intentions our actions can have ineffective and sometimes downright harmful outcomes confronting this problem william macaskill developed the concept of effective altruism a practical data driven approach which shows that each of us has the power to do an astonishing amount of good given the right information his conclusions are often surprising by examining the charities we give to the goods we buy and the careers we pursue doing good better is a fascinating and original guide which shows how through simple actions you can improve thousands of lives including your own a data nerd after my own heart bill gates required reading for anyone interested in making the world better steven levitt co author of freakonomics effective altruism efforts that actually help people rather than making you feel good or helping you show off is one of the great new ideas of the 21st century doing good better is the definitive guide to this exciting new movement steven pinker author of the better angels of our nature

Doing Good Better 2015-07-28 most of us want to make a difference we donate our time and money to charities and causes we deem worthy choose careers we consider meaningful and patronize businesses and buy products we believe make the world a better place unfortunately we often base these decisions on assumptions and emotions rather than facts as a result even our best intentions often lead to ineffective and sometimes downright harmful outcomes how can we do better while a researcher at oxford trying to figure out which career would allow him to have the greatest impact william macaskill confronted this problem head on he discovered that much of the potential for change was being squandered by lack of information bad data and our own prejudice as an antidote he and his colleagues developed effective altruism a practical data driven approach that allows each of us to make a tremendous difference regardless of our resources effective altruists believe that it s not enough to simply do good we must do good better at the core of this philosophy are five key

questions that help guide our altruistic decisions how many people benefit and by how much is this the most effective thing i can do is this area neglected what would have happened otherwise what are the chances of success and how good would success be by applying these questions to real life scenarios macaskill shows how many of our assumptions about doing good are misguided for instance he argues one can potentially save more lives by becoming a plastic surgeon rather than a heart surgeon measuring overhead costs is an inaccurate gauge of a charity's effectiveness and it generally doesn't make sense for individuals to donate to disaster relief macaskill urges us to think differently set aside biases and use evidence and careful reasoning rather than act on impulse when we do this when we apply the head and the heart to each of our altruistic endeavors we find that each of us has the power to do an astonishing amount of good

*Doing Good Better* 2016-08-02 an up and coming visionary in the world of philanthropy and a cofounder of the effective altruism movement explains why most of our ideas about how to make a difference are wrong and presents a counterintuitive way for each of us to do the most good possible while a researcher at oxford william macaskill decided to devote his study to a simple question how can we do good better macaskill realized that while most of us want to make a difference we often decide how to do so based on assumptions and emotions rather than facts as a result our good intentions often lead to ineffective sometimes downright harmful outcomes as an antidote macaskill and his colleagues developed effective altruism a practical data driven approach to doing good that allows us to make a tremendous difference regardless of our resources effective altruists operate by asking certain key questions that force them to think differently set aside biases and use evidence and careful reasoning rather than act on impulse in doing good better macaskill lays out these principles and shows that when we use them correctly when we apply the head and the heart to each of our altruistic endeavors each of us has the power to do an astonishing amount of good

**The Most Good You Can Do** 2015-01-01 from the ethicist the new yorker calls the most influential living philosopher a new way of thinking about living ethically peter singer's books and ideas have been disturbing our complacency ever since the appearance of animal liberation now he directs our attention to a new movement in which his own ideas have played

a crucial role effective altruism effective altruism is built upon the simple but profound idea that living a fully ethical life involves doing the most good you can do such a life requires an unsentimental view of charitable giving to be a worthy recipient of our support an organization must be able to demonstrate that it will do more good with our money or our time than other options open to us singer introduces us to an array of remarkable people who are restructuring their lives in accordance with these ideas and shows how living altruistically often leads to greater personal fulfillment than living for oneself the most good you can do develops the challenges singer has made in the new york times and washington post to those who donate to the arts and to charities focused on helping our fellow citizens rather than those for whom we can do the most good effective altruists are extending our knowledge of the possibilities of living less selfishly and of allowing reason rather than emotion to determine how we live the most good you can do offers new hope for our ability to tackle the world's most pressing problems

*Effective Altruism* 2019-09-12 this is the first collective study of the thinking behind the effective altruism movement this movement comprises a growing global community of people who organise significant parts of their lives around the two key concepts represented in its name altruism is the idea that if we use a significant portion of the resources in our possession whether money time or talents with a view to helping others then we can improve the world considerably when we do put such resources to altruistic use it is crucial to focus on how much good this or that intervention is reasonably expected to do per unit of resource expended as a gauge of effectiveness we can try to rank various possible actions against each other to establish which will do the most good with the resources expended thus we could aim to rank various possible kinds of action to alleviate poverty against one another or against actions aimed at very different types of outcome focused perhaps on animal welfare or future generations the scale and organisation of the effective altruism movement encourage careful dialogue on questions that have perhaps long been there throwing them into new and sharper relief and giving rise to previously unnoticed questions in this volume a team of internationally recognised philosophers economists and political theorists present refined and in depth explorations of issues that arise once one takes seriously the twin ideas of altruistic

commitment and effectiveness

The Life You Can Save 2009-03-03 for the first time in history eradicating world poverty is within our reach yet around the world a billion people struggle to live each day on less than many of us pay for bottled water in the life you can save peter singer uses ethical arguments illuminating examples and case studies of charitable giving to show that our current response to world poverty is not only insufficient but morally indefensible the life you can save teaches us to be a part of the solution helping others as we help ourselves

The Effective Altruism Handbook 2015-04-23 the effective altruism handbook is a compilation of essays about how do more good with limited resources it presents much of the intellectual progress of the effective altruism movement a group dedicated to discovering and carrying out the most effective philanthropic interventions it features a range of problems that we ask when considering how to have an impact and many that we don't think to ask at all across areas such as charity evaluation career choice and cause selection its contributors include professors peter singer and william macaskill who provide the introduction and the leaders of a wide range of organisations who discuss how they seek to put this movement's ideas into practice

Moral Uncertainty 2020 about the book toby ord try to fill this gap they argue that there are distinctive norms that govern how one ought to make decisions and defend an information sensitive account of how to make such decisions they do so by developing an analogy between moral uncertainty and social choice noting that different moral views provide different amounts of information regarding our reasons for action and arguing that the correct account of decision making under moral uncertainty must be sensitive to that moral uncertainty also tackles the problem of how to make intertheoretic comparisons and addresses the implications of their view for metaethics and practical ethics very often we are uncertain about what we ought morally to do we do not know how to weigh the interests of animals against humans how strong our duties are to improve the lives of distant strangers or how to think about the ethics of bringing new people into existence but we still need to act so how should we make decisions in the face of such uncertainty though economists and philosophers have extensively studied the issue of decision making in the face of uncertainty about matters of

fact the question of decision making given fundamental moral uncertainty has been neglected in moral uncertainty philosophers william macaskill krister bykvist and toby ord try to fill this gap they argue that there are distinctive norms that govern how one ought to make decisions and defend an information sensitive account of how to make such decisions they do so by developing an analogy between moral uncertainty and social choice noting that different moral views provide different amounts of information regarding our reasons for action and arguing that the correct account of decision making under moral uncertainty must be sensitive to that moral uncertainty also tackles the problem of how to make intertheoretic comparisons and addresses the implications of their view for metaethics and practical ethics

**Effective Altruism and the Human Mind** 2024 humans are more altruistic than one might think many of us want to have a positive impact on the world we donate to charity volunteer for a good cause or choose a career to make a difference annual us donations sum to 500 billion about 2 of gdp and no less than 25 of americans volunteer for a good cause people make real altruistic sacrifices on a scale that is often underappreciated

**Effective Altruism** 2018-04-08 this book is part introduction to part reflective examination of the idea and ideal of effective altruism its aim is to examine the core question of effective altruism how can we best help others a question that in turn forces us to contemplate what helping others effectively or otherwise really entails here the book argues that the greatest help we can provide is to reduce extreme suffering for all sentient beings and then goes on to provide some suggestions for how this might best be done

**What We Owe The Future** 2022-09-01 the sunday times bestseller unapologetically optimistic and bracingly realistic this is the most inspiring book on ethical living i ve ever read oliver burkeman guardian a monumental event rutger bregman author of humankind a book of great daring clarity insight and imagination to be simultaneously so realistic and so optimistic and always so damn readable well that is a miracle for which he should be greatly applauded stephen fry in what we owe the future philosopher william macaskill persuasively argues for longtermism the idea that positively influencing the distant future is a moral priority of our time it isn't enough to mitigate climate change or avert the next pandemic we can ensure that civilization would rebound if it collapsed cultivate value pluralism and prepare for a planet

where the most sophisticated beings are digital and not human the challenges we face are enormous but so is the influence we have

**Effective Altruism and Religion** 2022-01-04 a new movement is on the scene effective altruism the combination of love and efficiency making the world a better place not just with a bleeding heart and empathy but with a radical focus on reason and evidence and never losing sight of the goal of maximal impact its adherents typically stem from strongly secular environments such as elite philosophy departments or silicon valley so far a religious perspective on this movement has been lacking what can people of faith learn from effective altruism how can they contribute and what must they criticise this volume offers a first examination of these questions providing both a buddhist and an orthodox jewish perspective on them in addition to various christian contributions

Strangers Drowning 2016-09-27 what does it mean to devote yourself wholly to helping others in strangers drowning larissa macfarquhar seeks out people living lives of extreme ethical commitment and tells their deeply intimate stories their stubborn integrity and their compromises their bravery and their recklessness their joys and defeats and wrenching dilemmas a couple adopts two children in distress but then they think if they can change two lives why not four or ten they adopt twenty but how do they weigh the needs of unknown children in distress against the needs of the children they already have another couple founds a leprosy colony in the wilderness in india living in huts with no walls knowing that their two small children may contract leprosy or be eaten by panthers the children survive but what if they hadn t how would their parents risk have been judged a woman believes that if she spends money on herself rather than donate it to buy life saving medicine then she s responsible for the deaths that result she lives on a fraction of her income but wonders when is compromise self indulgence and when is it essential we honor such generosity and high ideals but when we call people do gooders there is skepticism in it even hostility why do moral people make us uneasy between her stories macfarquhar threads a lively history of the literature philosophy social science and self help that have contributed to a deep suspicion of do gooders in western culture through its sympathetic and beautifully vivid storytelling strangers drowning confronts us with fundamental questions about what it means to be human

in a world of strangers drowning in need how much should we help and how much can we help is it right to care for strangers even at the expense of those we are closest to moving and provocative strangers drowning challenges us to think about what we value most and why

**The Rules of Rescue 2023** this is an open access title available under the terms of a cc by nc nd 4 0 international licence it is free to read at oxford scholarship online and offered as a free pdf download from oup and selected open access locations in the rules of rescue theron pummer argues that we are often morally required to engage in effective altruism directing altruistic efforts in ways that help the most even when the personal sacrifice involved makes it morally permissible not to help at all he contends it often remains wrong to provide less help rather than more he argues that the ubiquity of opportunities to help distant strangers threatens to make morality extremely demanding and that it is only thanks to adequate permissions grounded in considerations of cost and autonomy that we may pursue our own plans and projects he concludes that many of us are required to provide no less help over our lives than we would have done if we were effective altruists

**Being Good in a World of Need 2022-01-13** in a world filled with both enormous wealth and pockets of great devastation how should the well off respond to the world s needy this is the urgent central question of being good in a world of need larry s temkin one of the world s foremost ethicists challenges common assumptions about philanthropy his own prior beliefs and the dominant philosophical positions of peter singer and effective altruism filled with keen analysis and insightful discussions of philosophy current events development economics history literature and age old wisdom this book is a thorough and sobering exploration of the complicated ways that global aid may incentivize disastrous policies reward corruption and foster brain drains that hinder social and economic development using real world examples and illuminating thought experiments temkin discusses ethical imperialism humanitarian versus developmental aid how charities ignore or coverup negative impacts replicability and scaling up problems and the views of the renowned economists angus deaton and jeffrey sachs all within the context of deeper philosophical issues of fairness responsibility and individual versus collective morality at times both inspiring and profoundly disturbing he presents the powerful argument that neglecting the needy is morally impermissible even as he illustrates



that the path towards helping others is often fraught with complex ethical and practical perils steeped in empathy morality pathos and humanity this is an engaging and eye opening text for any reader who shares an intense concern for helping others in need

**The Scout Mindset** 2021-04-13 winner of best smart thinking book 2022 business book awards guardian best books of 2021 original thought provoking and a joy to read tim harford highly recommended it s not easy to become more of a scout but it s hard not to be inspired by this book rutger bregman when it comes to what we believe humans see what they want to see in other words we have what julia galef calls a soldier mindset from tribalism and wishful thinking to rationalising in our personal lives and everything in between we are driven to defend the ideas we most want to believe and shoot down those we don t but if we want to get things right more often we should train ourselves to think more like a scout unlike the soldier a scout s goal isn t to defend one side over the other it s to go out survey the territory and come back with as accurate a map as possible regardless of what they hope to be the case above all the scout wants to know what s actually true in the scout mindset galef shows that what makes scouts better at getting things right isn t that they re smarter or more knowledgeable than everyone else it s a handful of emotional skills habits and ways of looking at the world which anyone can learn with fascinating examples ranging from how to survive being stranded in the middle of the ocean to how jeff bezos avoids overconfidence to how superforecasters outperform cia operatives to reddit threads and modern partisan politics galef explores why our brains deceive us and what we can do to change the way we think with insights that are both sharp and actionable the scout mindset picks up where predictably irrational left off reading it will teach you to think more clearly see yourself more accurately and be wrong a little less often adam grant

**Effective Altruism** 2023-10-16 most of us have heard the cliché meet the new boss same as the old boss the same can be said about peter singer s effective altruism meet effective altruism same as the old altruism indeed the problem with the new altruism is that it is altruism nonetheless this is because the fundamentals of effective altruism are the same as the fundamentals of primordial human sacrifice that began with the decimation of a scapegoat today s altruists as if seeming to realize that the old altruism has never been effective are now

offering what they deem to be an effective version of the old altruism that is different new and workable so they say the old altruism is dead they think now it is time for something devastatingly new

**10th Anniversary Edition The Life You Can Save** 2019-12-01 in this tenth anniversary edition of the life you can save peter singer brings his landmark book up to date in addition to restating his compelling arguments about how we should respond to extreme poverty he examines the progress we are making and recounts how the first edition transformed the lives both of readers and the people they helped learn how you can be part of the solution doing good for others while adding fulfillment to your own life

**Waking Up** 2014-09-18 an extraordinary book it will shake up your most fundamental beliefs about everyday experience and it just might change your life paul bloom for the millions of people who want spirituality without religion sam harris s new book is a guide to meditation as a rational spiritual practice informed by neuroscience and psychology throughout the book harris argues that there are important truths to be found in the experience of contemplatives such as jesus buddha and other saints and sages of history and therefore that there is more to understanding reality than science and secular culture generally allow waking up is part seeker s memoir and part exploration of the scientific underpinnings of spirituality no other book marries contemplative wisdom and modern science in this way and no author other than sam harris a scientist philosopher and famous sceptic could write it a demanding illusion shattering book kirkus reviews a pleasure to read huffington post

*Being Good in a World of Need* 2022-01-27 ours is a rich world filled with misery this gives rise to a pressing question how should the well off respond to the needy peter singer famously argued that just as we have an obligation to save a drowning child we have an obligation to support charities like oxfam inspired by singer effective altruism holds that we ought to support those charities doing the most good being good in a world of need powerfully challenges these views drawing on many sources temkin illustrates many disanalogies between saving a drowning child and supporting international charities involving intervening agents effects of one s actions corruption responsibility accidents versus injustice and aid beneficiaries these disanalogies raise complex issues requiring a pluralistic approach rather

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than effective altruism s monistic do the most good approach being good discusses ways aid may reward corrupt leaders and incentivize disastrous policies charities ignoring or covering up negative impacts the ethical disaster of aid efforts in goma brain and character drains difficulties in replicability or scaling up model aid projects ethical imperialism paternalism autonomy and respect angus deaton s contention that aid undermines government responsiveness jeffrey sachs and the millennium villages project conflicts between individual and collective morality fairness and responsibility focusing on badly off people rather than countries humanitarian versus development aid and ways of aiding other than on the ground charities

*The Divide: Global Inequality from Conquest to Free Markets* 2018-02-13 global inequality doesn t just exist it has been created more than four billion people some 60 percent of humanity live in debilitating poverty on less than 5 per day the standard narrative tells us this crisis is a natural phenomenon having to do with things like climate and geography and culture it tells us that all we have to do is give a bit of aid here and there to help poor countries up the development ladder it insists that if poor countries would only adopt the right institutions and economic policies they could overcome their disadvantages and join the ranks of the rich world anthropologist jason hickel argues that this story ignores the broader political forces at play global poverty and the growing inequality between the rich countries of europe and north america and the poor ones of africa asia and south america has come about because the global economy has been designed over the course of five hundred years of conquest colonialism regime change and globalization to favor the interests of the richest and most powerful nations global inequality is not natural or inevitable and it is certainly not accidental to close the divide hickel proposes dramatic action rooted in real justice abolishing debt burdens in the global south democratizing the institutions of global governance and rolling out an international minimum wage among many other vital steps only then will we have a chance at a world where all begin on more equal footing

The Ethics of Giving 2018 in giving to charity should we strive to do the greatest good or promote a lesser good that we care more about on such issues ethical theory can have momentous practical effects this volume is a unique collection of new papers on philanthropy  
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from a range of philosophical perspectives the authors are among the best regarded philosophers writing on ethics today and include a number of thinkers who have not previously published on the subject most recently published work by philosophers on charitable giving tends to support what is called effective altruism doing the most good you can in practice however charitable giving is often local and relatively ineffective supporting causes dear to the givers hearts are ineffective givers doing wrong or merely doing less praiseworthy work than they might this volume includes at least three challenges to the effective altruism movement as well as two chapters that defend it against the gathering tide of objections most thinkers who align with utilitarianism support effective altruism and some other perspectives do as well but the ideal of personal integrity can push the other way so can justice based theories of giving perhaps i could do the most good by stealing and giving to the poor but that would be unjust in the most important cases however justice leads to the same result as effective altruism other theories give different results the authors represent include intuitionism virtue ethics kantian ethics utilitarianism theory of justice and the ideal of personal integrity

**Selfish Reasons to Have More Kids** 2011-04-12 we've needlessly turned parenting into an unpleasant chore parents invest more time and money in their kids than ever but the shocking lesson of twin and adoption research is that upbringing is much less important than genetics in the long run these revelations have surprising implications for how we parent and how we spend time with our kids the big lesson mold your kids less and enjoy your life more your kids will still turn out fine selfish reasons to have more kids is a book of practical big ideas how can parents be happier what can they change and what do they need to just accept which of their worries can parents safely forget above all what is the right number of kids for you to have you'll never see kids or parenthood the same way again

*Lord of the Flies* 2012-09-20 a plane crashes on a desert island and the only survivors a group of schoolboys assemble on the beach and wait to be rescued by day they inhabit a land of bright fantastic birds and dark blue seas but at night their dreams are haunted by the image of a terrifying beast as the boys' delicate sense of order fades so their childish dreams are transformed into something more primitive and their behaviour starts to take on a

murderous savage significance first published in 1954 *lord of the flies* is one of the most amazing  
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celebrated and widely read of modern classics now fully revised and updated this educational edition includes chapter summaries comprehension questions discussion points classroom activities a biographical profile of golding historical context relevant to the novel and an essay on lord of the flies by william golding entitled fable aimed at key stage 3 and 4 students it also includes a section on literary theory for advanced or a level students the educational edition encourages original and independent thinking while guiding the student through the text ideal for use in the classroom and at home

**The Future of Economic Design** 2019-11-15 this collection of essays represents responses by over eighty scholars to an unusual request give your high level assessment of the field of economic design as broadly construed where do we come from where do we go from here the book editors invited short informal reflections expressing deeply felt but hard to demonstrate opinions unsupported speculation and controversial views of a kind one might not normally risk submitting for review the contributors both senior researchers who have shaped the field and promising younger researchers responded with a diverse collection of provocative pieces including retrospective assessments or surveys of the field opinion papers reflections on critical points for the development of the discipline proposals for the immediate future science fiction and many more the readers should have fun reading these unusual pieces as much as the contributors enjoyed writing them

**Ethics in the Real World** 2017-09-05 provocative essays on real world ethical questions from the world s most influential philosopher peter singer is often described as the world s most influential philosopher he is also one of its most controversial the author of important books such as animal liberation practical ethics rethinking life and death and the life you can save he helped launch the animal rights and effective altruism movements and contributed to the development of bioethics now in ethics in the real world singer shows that he is also a master at dissecting important current events in a few hundred words in this book of brief essays he applies his controversial ways of thinking to issues like climate change extreme poverty animals abortion euthanasia human genetic selection sports doping the sale of kidneys the ethics of high priced art and ways of increasing happiness singer asks whether chimpanzees are people smoking should be outlawed or consensual sex between adult siblings should be

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decriminalized and he reiterates his case against the idea that all human life is sacred applying his arguments to some recent cases in the news in addition he explores in an easily accessible form some of the deepest philosophical questions such as whether anything really matters and what is the value of the pale blue dot that is our planet the collection also includes some more personal reflections like singer's thoughts on one of his favorite activities surfing and an unusual suggestion for starting a family conversation over a holiday feast now with a new afterword by the author this provocative and original book will challenge and possibly change your beliefs about many real world ethical questions

**The Rules of Rescue** 2023 when do you have to sacrifice life and limb time and money to prevent harm to others when must you save more people rather than fewer these questions might arise in emergencies involving strangers drowning or trapped in burning buildings but they also arise in our everyday lives in which we confront opportunities to donate time or money to help distant strangers in need of food shelter or medical care with the resources available we can provide more help or less in the rules of rescue theron pummer argues that we are often morally required to engage in effective altruism directing altruistic efforts in ways that help the most even when the personal sacrifice involved makes it morally permissible not to help at all he contends it often remains wrong to provide less help rather than more using carefully crafted examples he defends the view that helping distant strangers is more morally akin to rescuing nearby strangers than most of us realize the ubiquity of opportunities to help distant strangers threatens to make morality extremely demanding and pummer argues that it is only thanks to adequate permissions grounded in considerations of cost and autonomy that we may pursue our own plans and projects he ultimately concludes that many of us are required to provide no less help over our lives than we would have done if we were effective altruists publisher

*The Precipice* 2020-03-24 this urgent and eye opening book makes the case that protecting humanity's future is the central challenge of our time if all goes well human history is just beginning our species could survive for billions of years enough time to end disease poverty and injustice and to flourish in ways unimaginable today but this vast future is at risk with the advent of nuclear weapons humanity entered a new age where we face existential

catastrophes those from which we could never come back since then these dangers have only multiplied from climate change to engineered pathogens and artificial intelligence if we do not act fast to reach a place of safety it will soon be too late drawing on over a decade of research the precipice explores the cutting edge science behind the risks we face it puts them in the context of the greater story of humanity showing how ending these risks is among the most pressing moral issues of our time and it points the way forward to the actions and strategies that can safeguard humanity an oxford philosopher committed to putting ideas into action toby ord has advised the us national intelligence council the uk prime minister s office and the world bank on the biggest questions facing humanity in the precipice he offers a startling reassessment of human history the future we are failing to protect and the steps we must take to ensure that our generation is not the last a book that seems made for the present moment new yorker

**Altruism** 2015-06-02 the author of the international bestseller happiness makes a passionate case for altruism and why we need it now more than ever in happiness matthieu ricard demonstrated that true happiness is not tied to fleeting moments or sensations but is an enduring state of soul rooted in mindfulness and compassion for others now he turns his lens from the personal to the global with a rousing argument that altruism genuine concern for the well being of others could be the saving grace of the 21st century it is he believes the vital thread that can answer the main challenges of our time the economy in the short term life satisfaction in the mid term and environment in the long term ricard s message has been taken up by major economists and thinkers including dennis snower amartya sen joseph stiglitz and george soros matthieu ricard makes a robust and passionate case for cultivating altruistic love and compassion as the best means for simultaneously benefitting ourselves and our society it s a fresh outlook on an ardent struggle and one that just might make the world a better place

*Delusional Altruism* 2020-03-24 how you give matters discover philanthropic strategies for creating transformational change whether you regularly donate to charity run a small family foundation or are responsible for millions of dollars in grants you are a philanthropist

delusional altruism why philanthropists fail to achieve change and what they can do to  
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transform giving looks at how you can create transformational change it reminds us that how we give is as important as the amount we give the author describes common practices that hinder transformational change and explains how to avoid them ensuring that your gifts help create the impact you seek delusional altruism a set of all too common errors in philanthropic strategy can derail a program of giving and result in a loss of efficiency and effectiveness this book asks philanthropists and charitable organizations to consider whether they have fallen under the spell of delusional altruism are you cutting out impactful giving in order to save money or avoid uncertainty is your philanthropic approach unnecessarily restricted by traditional thinking this book will help you answer these questions and determine how you can achieve better outcomes through the process of transformational giving ask questions that spur learning and fuel innovation believe that investment in yourself and your operation is important increase the speed of your actions to increase the impact of your giving give in ways that create lasting sustainable change follow strategies to make your philanthropy unstoppable although enhanced opportunities for philanthropic giving are on the horizon changes to philanthropic practice are needed to prevent this philanthropy boom from becoming under leveraged implementing updated approaches now can lead to positive change for the future read delusional altruism to learn how you can transform reality with strategic giving

**The Alignment Problem** 2021-01-21 vital reading this is the book on artificial intelligence we need right now mike krieger cofounder of instagram artificial intelligence is rapidly dominating every aspect of our modern lives influencing the news we consume whether we get a mortgage and even which friends wish us happy birthday but as algorithms make ever more decisions on our behalf how do we ensure they do what we want and fairly this conundrum dubbed the alignment problem by experts is the subject of this timely and important book from the ai program which cheats at computer games to the sexist algorithm behind google translate bestselling author brian christian explains how as ai develops we rapidly approach a collision between artificial intelligence and ethics if we stand by we face a future with unregulated algorithms that propagate our biases and worse violate our most sacred values urgent and fascinating this is an accessible primer to the most important issue facing ai

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researchers today

Living High and Letting Die 1996-06-20 by contributing a few hundred dollars to a charity like unicef a prosperous person can ensure that fewer poor children die and that more will live reasonably long worthwhile lives even when knowing this however most people send nothing and almost all of the rest send little what is the moral status of this behavior to such common cases of letting die our untutored response is that while it is not very good neither is the conduct wrong what is the source of this lenient assessment in this contentious new book one of our leading philosophers argues that our intuitions about ethical cases are generated not by basic moral values but by certain distracting psychological dispositions that all too often prevent us from reacting in accord with our commitments through a detailed look at how these tendencies operate unger shows that on the good morality that we already accept the fatally unhelpful behavior is monstrously wrong by uncovering the eminently sensible ethics that we ve already embraced fully and by confronting us with empirical facts and with easily followed instructions for lessening serious suffering appropriately and effectively unger s book points the way to a compassionate new moral philosophy

Drop Dead Healthy 2012-04-10 from the bestselling author of the year of living biblically and the know it all comes the true and truly hilarious story of one person s quest to become the healthiest man in the world hospitalized with a freak case of tropical pneumonia goaded by his wife telling him i don t want to be a widow at forty five and ashamed of a middle aged body best described as a python that swallowed a goat a j jacobs felt compelled to change his ways and get healthy and he didn t want only to lose weight or finish a triathlon or lower his cholesterol his ambitions were far greater maximal health from head to toe the task was epic he consulted an army of experts sleep consultants and sex clinicians nutritionists and dermatologists he subjected himself to dozens of different workouts from strollercize classes to finger fitness sessions from bouldering with cavemen to a treadmill desk and he took in a cartload of diets raw foods veganism high protein calorie restriction extreme chewing and dozens more he bought gadgets and helmets earphones and juicers he poked and he pinched he counted and he measured the story of his transformation is not only brilliantly entertaining but it just may be the healthiest book ever written it will make you laugh until your

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sides split and endorphins flood your bloodstream it will alter the contours of your brain

imprinting you with better habits of hygiene and diet it will move you emotionally and get you moving physically in surprising ways and it will give you occasion to reflect on the body's many mysteries and the ultimate pursuit of health a well lived life

**The Good It Promises, the Harm It Does** 2023 simone de lima is a biologist and a retired professor of developmental psychology at the universidade de brasília brazil where her work focused on innovative education and disability she's been involved in different forms of activism since her teens from student organizing against the brazilian dictatorship to doing feminist environmental children's and animal rights work she co founded brasilia's first animal advocacy organization as well as its first vegan cafe café corbucci and directed the outreach and education department of a us animal rights nonprofit she lives with her husband and dog in takoma park maryland volunteers at poplar spring animal sanctuary and collaborates with vegan and radical education collectives

*The Social Cancer* 2016-09-01 we travel rapidly in these historical sketches the reader flies in his express train in a few minutes through a couple of centuries the centuries pass more slowly to those to whom the years are doled out day by day institutions grow and beneficently develop themselves making their way into the hearts of generations which are shorter lived than they attracting love and respect and winning loyal obedience and then as gradually forfeiting by their shortcomings the allegiance which had been honorably gained in worthier periods we see wealth and greatness we see corruption and vice and one seems to follow so close upon the other that we fancy they must have always co existed we look more steadily and we perceive long periods of time in which there is first a growth and then a decay like what we perceive in a tree of the forest froude annals of an english abbey

*Making Sense* 2020-08-11 civilization rests on a series of successful conversations sam harris neuroscientist philosopher podcaster and bestselling author sam harris has been exploring some of the greatest questions concerning the human mind society and the events that shape our world harris's search for deeper understanding of how we think has led him to engage and exchange with some of our most brilliant and controversial contemporary minds daniel kahneman robert sapolsky anil seth and max tegmark in order to unpack and clarify ideas of

consciousness free will extremism and ethical living for harris honest conversation no matter how difficult or contentious represents the only path to moral and intellectual progress featuring eleven conversations from the hit podcast these electric exchanges fuse wisdom with rigorous interrogation to shine a light on what it means to make sense of our world today i don't have many can't miss podcasts but making sense is right at the top of that short list stephen fry sam harris is the most intellectually courageous man i know richard dawkins

The Great Mental Models, Volume 1 2024-10-15 discover the essential thinking tools you've been missing with the great mental models series by shane parrish new york times bestselling author and the mind behind the acclaimed farnam street blog and the knowledge project podcast this first book in the series is your guide to learning the crucial thinking tools nobody ever taught you time and time again great thinkers such as charlie munger and warren buffett have credited their success to mental models representations of how something works that can scale onto other fields mastering a small number of mental models enables you to rapidly grasp new information identify patterns others miss and avoid the common mistakes that hold people back the great mental models volume 1 general thinking concepts shows you how making a few tiny changes in the way you think can deliver big results drawing on examples from history business art and science this book details nine of the most versatile all purpose mental models you can use right away to improve your decision making and productivity this book will teach you how to avoid blind spots when looking at problems find non obvious solutions anticipate and achieve desired outcomes play to your strengths avoid your weaknesses and more the great mental models series demystifies once elusive concepts and illuminates rich knowledge that traditional education overlooks this series is the most comprehensive and accessible guide on using mental models to better understand our world solve problems and gain an advantage

**Reasons and Persons** 1986-01-23 this book challenges with several powerful arguments some of our deepest beliefs about rationality morality and personal identity the author claims that we have a false view of our own nature that it is often rational to act against our own best interests that most of us have moral views that are directly self defeating and that when we consider future generations the conclusions will often be disturbing here concludes that moral

non religious moral philosophy is a young subject with a promising but unpredictable future

**Behavioral Insights** 2020-09-01 the definitive introduction to the behavioral insights approach which applies evidence about human behavior to practical problems our behavior is strongly influenced by factors that lie outside our conscious awareness although we tend to underestimate the power of this automatic side of our behavior as a result governments make ineffective policies businesses create bad products and individuals make unrealistic plans in contrast the behavioral insights approach applies evidence about actual human behavior rather than assumptions about it to practical problems this volume in the mit press essential knowledge series written by two leading experts in the field offers an accessible introduction to behavioral insights describing core features origins and practical examples these insights have opened up new ways of addressing some of the biggest challenges faced by societies changing the way that governments businesses and nonprofits work in the process this book shows how the approach is grounded in a concern with practical problems the use of evidence about human behavior to address those problems and experimentation to evaluate the impact of the solutions it gives an overview of the approach s origins in psychology and behavioral economics its early adoption by the uk s pioneering nudge unit and its recent expansion into new areas the book also provides examples from across different policy areas and guidance on how to run a behavioral insights project finally the book outlines the limitations and ethical implications of the approach and what the future holds for this fast moving area

**Encyclopedia of Global Studies** 2012-03-09 with all entries followed by cross references and further reading lists this current resource is ideal for high school and college students looking for connecting ideas and additional sources on them the work brings together the many facets of global studies into a solid reference tool and will help those developing and articulating an ideological perspective library journal the encyclopedia of global studies is the reference work for the emerging field of global studies it covers both transnational topics and intellectual approaches to the study of global themes including the globalization of economies and technologies the diaspora of cultures and dispersion of peoples the transnational aspects of social and political change the global impact of environmental technological and health

changes and the organizations and issues related to global civil society key themes global civil society global communications transportation technology global conflict and security global culture media global demographic change global economic issues global environmental and energy issues global governance and world order global health and nutrition global historical antecedents global justice and legal issues global religions beliefs ideologies global studies identities in global society readership students and academics in the fields of politics and international relations international business geography and environmental studies sociology and cultural studies and health

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