# Free epub Health assessment documentation examples (2023)

sample documentation of unexpected findings patient is alert and oriented to person place and time speech is clear affect and facial expressions are appropriate to situation patient cooperative with exam and exhibits pleasant and calm behavior documenting a patient assessment in the notes is something all medical students need to practice this guide discusses the soap framework subjective objective assessment plan which should help you structure your documentation in a clear and consistent manner dress is appropriate well groomed and proper hygiene patient is cooperative and appropriately follows instructions during the exam speech is clear and facial expressions are symmetrical glasgow scores at 15 gait is coordinated and erect with good balance perrla pupil size 4mm sensation intact in all extremities to light touch sample documentation of expected findings patient denies cough chest pain or shortness of breath denies past or current respiratory illnesses or diseases symmetrical anterior and posterior thorax anteroposterior transverse ratio is 1 2 respiratory rate is 16 breaths minute unlabored regular and inaudible through the nose structure the 4 headings of a soap note are subjective objective assessment and plan each heading is described

below subjective this is the first heading of the soap note documentation under this heading comes from the subjective experiences personal views or feelings of a patient or someone close to them these documents may contain symptoms diagnosis assessment treatment and testing information while there is no straightforward or universal standard for clinical documents they are used by over 90 of health practitioners in the us and provide relevant insight concerning the patient's health experience 1 document assessment findings using best practice standards 2 recognize variations in the documentation of assessment findings paper electronic 3 evaluate the legal implications of accurate and concise documentation in nursing practice i overview of documentation of assessment findings restate the diagnosis remark on the patient s rehab potential identify their key impairments state why skilled pt is necessary evaluation assessment example patient presents with signs and symptoms consistent with diagnosis of r hip oa s p 1 week post operative r tha rehab potential is excellent here are some tips for effective assessment documentation use standardized language and terminology to ensure clarity and consistency document findings in a clear concise and organized manner using headings and bullet points as needed avoid using ambiguous terms or phrases that may lead to misinterpretation 1 general appearance survey 2 chief complaint 3 health history 4 assessment of the integument 5 assessment of the head and neck 6 assessment of the eye and vision 7 assessment of the ear 8 assessment of the mouth throat nose sinus 9 assessment of the thoracic and lung 10 assessment of the breast and lymphatic system 11 examples of assessment reports i ll give you real life examples to help you get the most out of your assessment report i will rate every report example in terms of several criteria use this checklist to determine for yourself which report suits your purposes best assessment report criteria checklist these examples will give you an idea of how you might perform a patient s documentation although they are written for a sample patient in an outpatient setting you can use similar wording for the subjective objective and assessment goals in other settings such as neuro home health skilled nursing or acute rehab assessing and documenting pain the most critical aspect of pain assessment is that it be done on a regular basis using a standard format pain should be re assessed after each intervention to evaluate its effect and determine whether an intervention should be modified go to 12 1 abdominal assessment introduction learning objectives perform an abdominal assessment differentiate normal and abnormal bowel sounds modify assessment techniques to reflect variations across the life span document actions and observations recognize and report significant deviations from norms indeed editorial team updated december 7 2022 employers and professionals use assessments in a variety of ways such as for evaluating potential hires or promotees measuring progress or just gathering intelligence about talent pools or pupils soapie stands for subjective objective assessment plan intervention and evaluation subjective information includes anything related to what the patient has told you objective information is measurable and consists of any of your personal observations the assessment is the nurse s interpretation of this information and conclusions

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sample documentation of unexpected findings patient is alert and oriented to person place and time speech is clear affect and facial expressions are appropriate to situation patient cooperative with exam and exhibits pleasant and calm behavior

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restate the diagnosis remark on the patient s rehab potential identify their key impairments state why skilled pt is necessary evaluation assessment example patient presents with signs and symptoms consistent with diagnosis of r hip oa s p 1 week post operative r tha rehab potential is excellent

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here are some tips for effective assessment documentation use standardized language and terminology to ensure clarity and consistency document findings in a clear concise and organized manner using headings and bullet points as needed avoid using ambiguous terms or phrases that may lead to misinterpretation

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these examples will give you an idea of how you might perform a patient s documentation although they are written for a sample patient in an outpatient setting you can use similar wording for the subjective objective and assessment goals in other settings such as neuro home health skilled nursing or acute rehab

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assessing and documenting pain the most critical aspect of pain assessment is that it be done on a regular basis using a standard format pain should be re assessed after each intervention to evaluate its effect and determine whether an intervention should be modified

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