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the purpose of these exercises is to help develop natural and effective breathing habits for excellent brass playing these exercises are intended to help develop efficiency coordination and flexibility in your breathing but not actual physical strength breathe naturally when doing these exercises breathe fully and think of breathing it is critical that beginning brass players are taught proper breathing for sustaining full tone of their instruments and that regular exercises for introducing proper breathing and expanding lung capacity are a part of warm up activities technique brass breathing should focus on maintaining open relaxed airways on both the inhale and exhale a free practice resource for anyone starting to learn a brass instrument with simple tunes and backing tracks to help you get to grade 1 534 views 3 years ago the brass roots series of finely graded read and play exercises for absolute beginners of brass instruments is presented here with instrumental backing track what 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out for a topic at the online trombone journal discussion forum and thought some readers at the brass tacks would appreciate it too let's start with a we should approach playing higher and lower both via slow slurs and various tonguing exercises we should approach playing louder and softer both via measured crescendo diminuendo exercises as well as repeated note tonging exercises it is important not to go too far too fast when working on range this is a 10 minute instructional video by larry gareau covering basic warm up exercises for brass instruments many students are currently home bound and u breathing exercises are a bit hard to explain but they come in several forms here are a few to get a feel for it stretches to open up the diaphragm and reduce tension deep breath exercises to increase lung capacity exhale exercises to work on using as much air as possible visualization exercises to work on focused air streams to improve tone playing brass instruments requires physical skill built with discipline and consistency over time conditioning through targeted technical exercises is vital to achieving the ability to play with endurance suitable range and control of the tone practising specific breathing exercises can significantly improve your playing techniques such as the breathing gym or box breathing not only enhance lung capacity but also improve your control over airflow enabling you to tackle challenging musical passages with ease warm up exercises for brass players contents how important is warming up really breathing lips and tongue buzzing and horse flapping exercises with the instrument warming up in the medium range how important is warming up really warming up is a matter of much speculation horror stories and mystery community pro tips trumpet practical exercises for brass players practical practice about the methodology for brass players what do composers expect from performers the safety exercise getting the 1st note piano passage right strength and 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