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hope can foster determination and grit the ability to bounce back and to remain determined despite failures and setbacks when we make daily efforts to change and improve what we can control these poems speak to the importance of hope and resilience won t you celebrate with me lucille clifton still i rise famous poem douglas malloch 1877 1938 known as the lumbermen s poet compares good men to good timber in this famous metaphorical poem the message of this poem is that people like trees grow and reach their true potential by overcoming adversity this can be easier said than done but resilience can be regarded as the cousin if not quite the sibling of hope and determination the following poems are for our money some of the best poems about being resilient and trying to overcome whatever challenges life throws our way 1 john keats to hope 1 still i rise by maya angelou one of the most iconic poems about resilience and overcoming adversity is still i rise by the incomparable maya angelou 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the spirit of perseverance 1 still i rise by maya angelou one of the most iconic poems about overcoming obstacles maya angelou s still i rise resonates with its defiant and empowering tone the poem s recurring refrain still i rise acts as a rallying cry against various forms of oppression and discrimination 1 still i rise by maya angelou one of the most powerful poems about resilience still i rise by maya angelou is an anthem of strength and determination through her empowering words angelou encourages readers to rise above the challenges they face regardless of their nature in this iconic poem she writes these uplifting and empowering poems celebrate the triumph of the human spirit in the face of challenges and hardships they portray the resilience courage and determination needed to overcome adversity these verses may recount stories of individuals who have overcome obstacles inspiring readers to persevere through their struggles from classics like robert frost and rumi to the more 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