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the ultimate 419 list of values from a through z to choose from to create your core values and see what means most to you values are often developed through our life experiences personal reflection and the exploration of different philosophies or belief systems they serve as a compass to help us make decisions and guide our actions in alignment with our true selves acceptance accomplishment accountability accuracy achievement adaptability adventurousness agreeableness alertness altruism ambition amiability amusement amusingness appreciativeness articulateness assertiveness athleticism attentiveness authenticity many americans most important values are having a happy relationship living an honest and respectable life and practicing safety but yours might differ and that's more than okay understanding your own values is a fundamental part of self awareness and getting to know yourself as a human being your values are the beliefs and principles that you believe are important in the way that you live and work they should determine your priorities and guide your decisions and the way you act towards others when the things that you do and the way that you behave match your values life is usually good core values are an individual or organization's fundamental beliefs and highest priorities that drive their behavior you can think of core values as an internal compass of principles that drive a person's or organization's decisions values list authenticity adventure balance bravery compassion challenge citizenship community creativity curiosity determination fairness freedom friendships fun generosity growth honesty a core value can be defined as an enduring belief upon which a person acts values have a cognitive component in that they involve thoughts about preferable ways to be live or act values also have an emotional component because we feel positively or negatively about them they resonate with us or they don't a value can be defined as an enduring belief upon which a person acts values are similar to attitudes and beliefs in that they have cognitive emotional and behavioral parts but step 1 find your values your values aren't hiding even if you haven't vocalized them they're a reflection of the most important aspects of your life to identify yours reflect on what's core values list authenticity achievement adventure authority autonomy balance beauty boldness compassion challenge citizenship community competency contribution creativity curiosity determination fairness faith fame friendships fun growth happiness honesty humor influence inner harmony justice kindness knowledge your personal core values are what encompass your foundational beliefs which then dictate your behavior and guide you to make the decisions that you do your values are broad concepts that can be reapplied many times over in your life in various situations to guide your actions your core values are not something that you choose for yourself august 8 2023 19 min read share this article jump to section what's the meaning of personal values personal values versus core beliefs why are personal values important how can personal values improve self awareness how do personal values affect your professional life 8 benefits of personal values 10 examples of personal values security loyalty intelligence connection creativity humanity success respect invention diversity generosity integrity finesse love openness religion order advancement respect joy play your core values tell you what you consider important or deeply meaningful these personal values should reflect your life's purpose and who you want to be research confirms that your personal values though subjective in nature not only reveal what we feel about ourselves but also influence our

attitudes preferences and behaviors values represent what's important that is what a person organization culture or society emphasizes core values also called personal values are specifically what's most important to you our core values highlight what we as individuals stand for these values guide our behaviors decisions and actions values are individual beliefs that motivate people to act one way or another they serve as a guide for human behavior generally people are predisposed to adopt the values that they are raised with people also tend to believe that those values are right because they are the values of their particular culture core values are personal ethics or ideals that guide you when making decisions building relationships and solving problems identifying the values that are meaningful to you can help you develop and achieve personal and professional goals it can also help you find jobs and companies that align with your ideals what are core values why are core values important 31 best core values to live by 1 acceptance 2 adaptability 3 awareness 4 balance 5 calmness 6 community 7 compassion 8 creativity 9 apr 03 2021 values statements in this post we will cover the basics on what are core values and examine 40 examples we love what are core values your core values define how you want the people in your organization to behave together with your mission and vision statement they are a foundational part of your organizational structure

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