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michael a singer is the author of the untethered soul a bestselling book about inner peace and spiritual awakening he is also a yoga and meditation teacher a software developer and a business leader who has made contributions in various fields

## **the untethered soul oprah book review *Sep 08 2022***

the untethered soul by michael a singer 200 pages new harbinger publications available at amazon com barnes noble apple books indiebound i was having a birthday party last year and a friend handed me this i was so riveted that i asked the author who almost never gives interviews to talk with me on own

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synopsis who are you when you start to explore this question you find out how elusive it really is are you a physical body a collection of experiences and memories a partner to relationships each time you consider aspects of yourself you realize that there is much more to you than any of these can define

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